

Term 1

New Helles

English for Preparatory Schools

Year One

Student's Book and Workbook

Julie Penn, Joanna Ross and Cheryl Pelteret

Scope and sequence

	Skills	Language	Life Skills, Values and Issues
	1 My family and me		Page 2
	Reading: An interview with twins; Heidi; a text about a gymnast Writing: A paragraph on hobbies; a description of a person in your family Listening: An interview with twins Speaking: Talking about your family; asking questions	Pronouns Possessive adjectives my, your, his, her, its, our, their The present simple I play the drums. She plays chess. I don't play football. She doesn't go swimming. Asking questions Do you play chess? Does he play football?	Life Skills: Self-management Values: Love of family Issues: Awareness of rights and duties; loyalty and belonging
	2 It's my favourite subjec	et:	Page 12
Module 1: Family and friends	Reading: Descriptions of schools around the world Writing: A paragraph about journey to school; A paragraph about daily life Listening: A discussion about timetables Speaking: Asking and answering about school and timetables	always, usually, often, sometimes, never possessive's and s' It is a girls' school. This is the teacher's room. Talking about school When have we got Computer Studies? It's after break. Maths starts / finishes at 3 pm.	
le 1	3 Different people		Page 22
Module 1:	Reading: A description of a sports star; a blog post; Alice's Adventures in Wonderland Writing: A blog post about a friend Listening: Descriptions of people Speaking: Describing people; talking about likes and dislikes	have/has got He's got curly hair. Has he got straight hair? She hasn't got glasses. Has he got a beard? No, he hasn't. can/can't He can score lots of goals. I can't pick up that box. good at/bad at I like swimming. I'm good at drawing. I love learning about other countries. I don't like watching TV. Describing people Eman loves painting. She's clever and brave.	Life Skills: Respect for diversity; resilience Issues: Non-discrimination against people with special needs
	Review A Revision of Up	ite 1_7	Page 32

4 We're using technology! Page 34 There is / There are Life Skills: Problem solving: Reading: A text message conversation; a text about There is a printer. There isn't a charger. decision making hobbies There are some laptops. Are there any Values: Curiosity: Writing: A paragraph and a mobile phones? appreciation of science and poster about online safety The present continuous scientists Issues: Digital citizenship; Listening: A description of I'm eating an apple. technology in a classroom; a He's not using the tablet. technological awareness phone call Is she writing an email? Review of prepositions Speaking: Describing the technology in your classroom: Are you sitting next to your best friend? **Giving instructions** a guessing game; giving instructions Tap the name of the person. Write your text message. 5 Holidays Page 44 Reading: A description of a Past simple: to be, regular and irregular Life Skills: Communication Module 2: The world around us holiday: an advertisement for Values: Respect learning English Mariam was frightened. Issues: Environmental I climbed a mountain. Writing: An advertisement awareness for a holiday; an email about We went to the beach. a holiday We didn't swim. Listening: A conversation Where did Munir go on holiday? about a holiday; a discussion Did he climb a mountain? Yes, he did. about a day out Responding to news Speaking: Describing a How exciting! What a pity. Wow! place; talking about a holiday; responding to news 6 Let's eat! Page 54 Countable and uncountable nouns with Reading: A recipe; reviews of Life Skills: Problem solving: a dish; a text about healthy some and any decision making snacks; a text about food in There are some biscuits. Values: Curiosity; Africa There isn't any cheese. participation Are there any peppers? Yes, there are. Issues: Preventative health Writing: A paragraph describing a picture; an a lot of, enough, too much, too many online review of a café There is a lot of sugar. Listening: A conversation There are not enough ingredients. about what food there is; an There is too much sugar. interview about healthy drinks; There are too many raisins. a conversation in a café should and shouldn't for advice Speaking: Asking and You should eat fruit. answering about food in You should not drink too much fruit juice. a picture; giving advice; Ordering food in a café ordering food in a cafe' What would you like? I'd like a salad. Review B Revision of Units 4-6 Page 64

Language

Life Skills, Values and Issues

Skills



Reading: An interview with twin brothers; Heidi; a text about a gymnast

Writing: A paragraph on

hobbies; a description of a person in

your family

Listening: An interview with twin

Speaking: Talking about your family:

asking questions

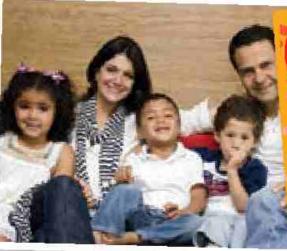
Language: Pronouns: present simple

Life Skills: Self-management

Values: Love of family

Issues: Awareness of rights and duties;

loyalty and belonging



Sort these words in pairs. Who can finish first? One word belongs in both columns.

aunt brother dad daughter grandfather great-grandfather great-grandchildren grandmother mum sister son uncle

Male

brother

Female

Research

Who is your great-grandfather, and what are great-grandchildren?







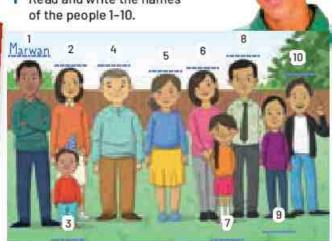
Find

Skim through the unit. What story is in the unit?

Lesson 1

Language

Read and write the names of the people 1-10.



2 Reread and find:

1 Subject pronouns: she

2 Object pronouns: me....

3 Possessive adjectives: her

3 Look at Ali's family. Circle the correct words.

- Marwan is my/your uncle. He/His is a doctor.
- 2 Tarek is his / her cousin. Today is his/her birthday.
- 3 Huda and Omar are your / their parents. They/Their are 64 and 65 years old.
- 4 Amira is his / her aunt. She/He is a teacher.
- 5 Huda is its / their grandmother. She loves them/their so much.

Speaking

Work in pairs. Discuss.

Tell me about your family.



My sister's name is Ola. She's 7. My mum's ...



Lesson1

Hello! My name's Ali. I'm 13. This is a picture of my family.

My mum's name is Amira. She's a teacher. Next to her is my dad. His name is Adel. He's a teacher, too. Both my parents are teachers at my school. They have one daughter - she's my sister, Lamia, and she's 9 years old. And they have two sons - me, and my brother, Khaled. He's 11.

Our grandmother is 64 and she's called Huda. She's my mum's mother. My mum's father is our grandfather - he's called Omar. He's 65. Their daughter's called Judy. She's my mum's sister and she's my aunt. My uncle's called Marwan. He is a doctor. Their son is called Tarek, and he's my cousin. It's his birthday today - he's 3 years old.

> This is me and my mother.



Remember!

We use possessive adjectives to show something belongs to somebody.

A possessive adjective goes before a noun, , while possessive pronouns stand alone without a noun.

It's my pen. It's mine.

They're her bags. They're hers.

1

Lesson2

Reading

Find the meaning of the words in bold. Check your glossary.

- 1 Have you got a brother or sister? Have you got the same hobbies as your brother or sister?
- Read the interview and answer the question.

Hazem and Hatem both love football.
True or False?



Vocabulary

An interview with twin brothers

Meet Hazem and Hatem. They are brothers and they are both aged 12. They have the same parents and the same birthday. They're **twins!**



What are your hobbies?

Hazem: I like sports. I play basketball on Mondays and Wednesdays. I go swimming on Tuesdays and I play football on Saturdays.

Hatem: And he watches

football matches on TV on Saturday evenings. He loves football!

Hazem: I love football!

Hatem: I don't like football,

but I like music. I play the **drums** and I listen

to music.

Hazem: He plays the drums in

a band.

Do you have any hobbies that you both like?

Hazem: We play chess together on Saturdays. Hatem

usually wins.

Hatem: Yes, that's true! And on Saturday afternoons we

do voluntary work.

What kind of voluntary work?

Hazem: We help in the children's hospital.

Hatem: We play games with

the children and read them stories, It's

areat!



3 Look at the photos and talk about the hobbies you like.

go swimming listen to music play basketball play chess play football play the drums watch a football match





- Read the interview again and answer the questions.
 - 1 Which brother likes different sports?
 - 2 Which brother likes music?
 - 3 What two things does Hatem play?
 - 4 What is Hazem's favourite sport?
 - 5 What do they do at the children's hospital?

Listening

5 Listen and complete the diaries.



Writing

6 Write about your hobbies and when you do them. Use a dictionary if you need to.

I ____ on Mondays.

1

Lesson3

Speaking

1 Think of different hobbies. Then ask and answer.







Language

2 Look at the table. Are sentences 1 and 2 true (T) or false (F)?

The present simple

Statements	Negative	Questions
I play football.	I don't play football.	Do you play football?
(You / We / They)	(You / We / They)	(we / they)
He / She plays football.	He / She doesn't play football.	Does he / she play football?

- 1 We add -s or -es to a verb with he, she and it. _____
- 2 We can start a question with Do or Does.
- 3 Correct the underlined words.
 - 1 I plays the drums.
 - 2 I doesn't listen to music.
 - 3 Do he play football on Mondays?
 - 4 She don't go swimming.
 - 5 Does you play chess?

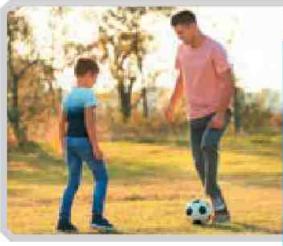




Listening

4 Substantial Listen to Sami and Aya. Which three countries do you hear in the conversations?

Egypt France Morocco Oman South Africa





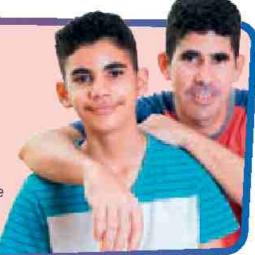
Lesson3

- 5 Listen again and answer the questions.
 - 1 Where does Sami's dad work?
 - 2 When does Sami play with his dad? _____
 - 3 Where do Aya's grandmother and grandfather live?
 - 4 How long does it take to fly there?

Q

Values

- 1 How does Sami feel when his dad is at home?
- 2 Do you think Aya is sad that she doesn't see her grandparents every day?
- 3 If you don't see your grandparents every day, how else can you communicate?
- 4 Do you think the internet can help you communicate with your family? How so?



Reading

- 1 Do you know the story of Heidi? Where does she live?
- 2 Read the story and put these pictures in the correct order.



Heidi by Johanna Spyri

Heidi is the story of an **orphan** girl. She goes to live with her grandfather in Switzerland. Her grandfather is an old man. He lives in a small house in the mountains and he has lots of **goats**. Heidi sleeps in a bed in the **attic** of the house. She drinks goat's milk and eats bread and cheese.

Every day she walks in the mountains with the goats, her grandfather and her friend, Peter. She sees birds and flowers. She is very happy!

But one day, Heidi's aunt arrives and takes her to the city. Heidi doesn't like the city and she is very sad to be away from her grandfather, Peter and the goats. Heidi has lots of adventures in the city.

- 3 Read the story again. Find these words in the text.
 - 1 Animals that are like sheep
- 2 A child with no mother or father.....
- **3** A room at the top of a house
- 4 A place with lots of houses and shops
- 4 What do you think Heidi learns when she lives with her grandfather?
- 5 Add two sentences to end the story. Go and find the end of the story using the QR code. Check if your story ending is the same.

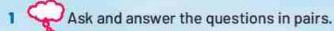
Writing

6 Read the sentences about Heidi. Then write sentences about you.

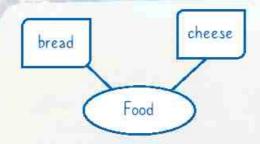
_	the state of the s	
1	Heidi lives with her grandfather.	I live with my
2	Heidi lives in Switzerland.	1
3	She drinks milk.	Î
4	Her friend is called Peter.	My
5	She likes the mountains.	I
6	She doesn't like the city.	1



Vocabulary



- 1 What food and drink does Heidi have?
- 2 What are her hobbies in the mountains?
- 3 What do you think Heidifound difficult about moving to the city?
- 2 Think of other words you know for food and hobbies and write them on the diagram.
 Compare your lists with a partner.





Writing

Asking questions

Think of a friend or a person in your family.
Write answers to these questions.

What's his/her name?
How old is he/she?
Where does he/she live?
What's his/her favourite food?
What are his/her hobbies?

Writing tip

Research

Who is in your

A paragraph is a group of related sentences that present one topic or one idea.

Speaking

4 Ask and answer the questions in pairs.

My best friend's name is Mustafa.







1

Lesson 6

Reading

1 Read about Habiba Marzouk. Which sport makes her happy?

Habiba Marzouk achieves her dreams

Habiba Marzouk is a **gymnast**. She is 18 and lives in Cairo with her family.

Habiba has a very **busy** life. She goes to school and she studies hard. In the evenings, she **trains** for five or six hours. She is a top gymnast in Africa and she wants to go to the Olympics.

Habiba's family always helps her. She eats healthy food so that she can stay strong. **Gymnastics** is a difficult sport, but it makes her happy.



2 Read again and correct the underlined words.

- 1 Habiba is a teacher. gymnast
- 2 <u>His</u> family lives in Cairo.
- 3 She eats for five or six hours. ,.........
- 4 Gymnastics is an easy sport.

Writing

3 Write a description of someone in your family.

Write about these things:

- Name
- Age
- · Where he/she lives
- Favourite food
- Hobbies

Did you know?

Athletes work hard to balance their school studies or work, their sport and their friends and family.

Did you know?

Some words that end in ics are singular nouns:

physics

mathematics

gymnastics

athletics

Writing tip

Punctuation marks:

Start each sentence with a capital letter.

Use capital letters for: names, cities, days of the week, etc.

End your sentence with a (.), (!) or (?).

Lesson7

1

Review

 Work in pairs. Look at Ali's family tree and make sentences.

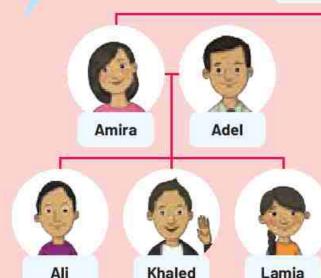
Judy is his aunt.







Omar





Judy



Marwan

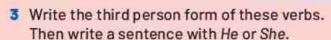


2 Read and complete the text.

are goes is listen live my our play plays

My name's Lamia. I'm nine years old. I'live in Aswan with my family. My parents 2 teachers. My brother Ali 3 13 years old and Khaled is nine. Khaled goes swimming every Friday.

14 _____ to music with 5 ____ brothers. Ali 6 ____ football at school and he watches football matches on TV. Khaled 7 ____ swimming every Friday. There is a swimming pool near our house. My best friend is called Aya. We 8 ____ basketball at school, and we're both in the school team. 8 ____ team is very good!



play - plays She plays basketball on Fridays,
go - ______
watch - _____
listen - _____

П	(A)
V	I (A
1	
	> [2]

like
don't like -
drink
swim

It's my favourite subject

Discuss

What can you see in these photos?

Reading: Descriptions of schools around the world

Writing: A paragraph about your journey to school; A paragraph about your daily life

Listening: A discussion about timetables

Speaking: Asking and answering about school and timetables

Language: Adverbs of frequency; possessive 's and s'

Life Skills: Critical thinking; selfmanagement



What is the difference between a girl's school and a girls' school?

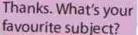


Find

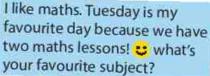
Look through the unit. Can travelling to school sometimes be difficult?



Yes. It's after Arabic.



Do we have an English lesson tomorrow?





Hmm ... I think my favourite subjects are social studies and science.



Listening

- 1 Look at Amal and Injy's timetable and answer the questions.
 - 1 How many lessons do they have every day?
 - 2 What subjects do they study?

	8.00 8.45	8.45 - 9.30	9.30 - 10.15	10.15 - 11.00	11.00 - 11.30	11.30 - 12.10	12.10 - 12.50	12.50 - 1.30	1.30 - 2.10
Sunday	Arabic	Arabic	S	Arabic	В	1+1=2	1+1=2	I	***********
Monday					R	9	I	********	*********
Tuesday	1+1=2			religion	E	Anabic	Arabic	*******	*******
Wednesday			1+1=2	Arabic	A				
Thursday	social studies			1+1=2	K	60	Arabic	Arabic	

2 Listen and complete the timetable.

Arabic art computer studies drama drama drama English home economics music religion science social studies

- 3 Listen again and answer the questions.
 - 1 What is Injy's favourite subject? science.
 - 2 Does Injy like art?_____
 - 3 Is she good at it?_____
 - 4 What day is it today?

Speaking

Say the times. Listen and check.



Remember!

There are two ways of telling the time: 9.15: a quarter past nine / nine fifteen 10.45: a quarter to eleven / ten forty-five 11.05: five past eleven / eleven oh five 11.30: half past eleven / eleven thirty 12.50: ten to one / twelve fifty

5 Look at the timetable. Ask and answer questions in pairs.

What time does science start on Sunday? What time does it finish?

> It starts at ten to one and finishes at half past one. What time is the break?

Lesson 2



Reading

- 1 Look quickly at the text. When does school finish?
- 2 Look at the words in **bold** in the text. Match the words and the definitions.
 - You can find a lot of books here. library
 - 2 It is in a school. You play games here.
 - 3 It rings when a lesson starts and finishes.
 - 4 It is a very big room for a lot of students and teachers.
 - 5 This means usual.

Daily life around the world

"I'm Akeyo. I live in Nairobi, in Kenya. This is a **typical** day for me. On school days I get up at half past six. I usually have breakfast with my family. My school is far away, so we never walk there. My mum and dad drive us there. It always takes a long time because the roads are busy. When we hear the **bell** at eight



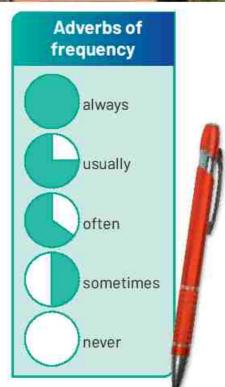
o'clock, we go to the school hall. We have four lessons, then it is break. I usually talk with my friends in the playground, but sometimes we go to the library to read books. After break, we have more lessons. We have lunch at half past twelve. School finishes at four o'clock. When I get home, I have something to eat, then I always do my homework. My brother and I usually watch TV before we go to bed at about half past eight. I have a busy day!"



- 3 Read the text again and answer the questions.
 - 1 How does Akeyo get to school? She goes by car.
 - 2 Why does it take a long time?
 - 3 What time does school start?
 - 4 What do Akeyo and her friends do at break?_____
 - 5 When does Akeyo go to bed?_____

Language

- 4 Look at the adverbs of frequency. How often ...
 - ... does Akeyo have breakfast with her family?
 She usually has breakfast with her family.
 - 2 ... do Akeyo and her brother walk to school? _____
 - 3 ... does the trip to school take a long time? _____
 - 4 ... does Akeyo go to the library at break?
 - 5 ... does Akeyo do her homework? _____
 - 6 ... do Akeyo and her brother watch TV before they go to bed?



Lesson 2

5 Complete the sentences about Akeyo and her brother, Yaro.

	play basketball	read English books	help in the home
Akeyo	0	***	****
Yaro	****	**	****

**** always

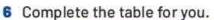
*** usually

*** often

** sometimes

0 never

- 1 Akeyo never plays basketball.
- 2 Yaro ____ plays basketball.
- 3 Akeyoreads English books
- 4 Yaro _____ reads English books.
- 5 Akeyo and Yaro _____ help in the home.



	gets up at	goes to school	starts school at	finishes school at
Akeyo	6.30 am	by car	eight o'clock	four o'clock
You	***************************************	NANANANSA		месоплания

Life Skills

Compare your typical day with Akeyo's day. What is the same? What is different?

We both get up at half past six.

Akeyo never walks to school. I sometimes walk to school.

Speaking

7 Ask and answer the questions in pairs.

get up at 6.30 am go to bed at 8.30 pm help in the home play basketball read English books walk to school watch TV in the evening How often do you get up at 6.30 am?





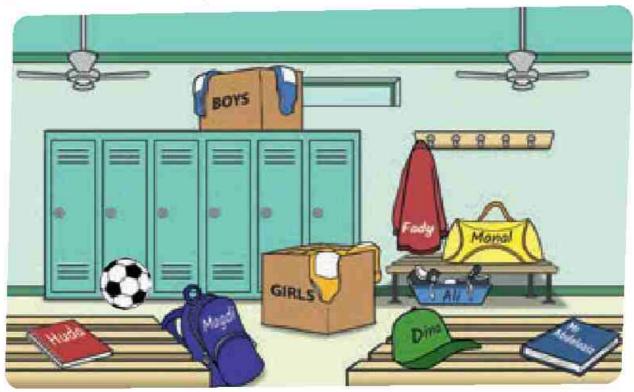
I never get up at 6.30 am! I usually get up at 7 am.

Writing

- 8 Compare your day with your friend's day. Use adverbs of frequency.
 - What do you both usually do? How do you both feel when you do this?
 - What time do you both do it?
- What do you both sometimes/often do?
- What do you both always do?
- What do you both never do?

Language

1 Look at the table and complete the sentences with the names in brackets.



- 1 It is Huda's notebook.
- 3 These are the (boys) football shirts.
- 5 Whose shoes are these? They are (Ali)_____.
- 7 (Magdi) bag is blue.
- 2 It is (Fady) towel.
- 4 In this box, there are (girls) T-shirts.
- 6 Whose cap is this? It is (Dina)_____.
- 8 (Manal) bag is yellow.
- 10 That is not Mr Abdelaziz's ball. It is the (children)_____ball.

Possessive 's It's the girl's notebook. The girl's name is Lama. It's Salma's book. It's the girls' picture. The girls' names are Judy and Ola. This is Judy and Ola's picture or This is Judy's and Ola's picture.

Whose pencil case is this?

It's Noha's.

Speaking

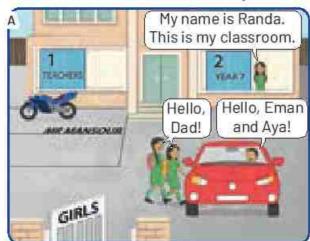
2 Work in groups. Put some objects on the table. Ask and answer.

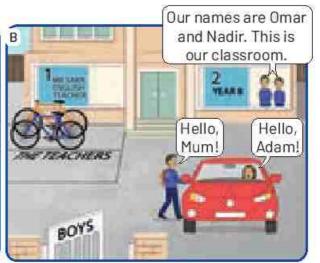






3 Find the differences between the pictures.





Picture A	Picture B	
It is a girls' school.	It is a 2school.	
Room 1 is the 3 room.	Room 1 is the 4 office. His name is Mr Sakr.	
Room 2 is 5classroom.	Room 2 is 6 classroom.	
There is a car outside. It's dad's 7	There is a car outside. It's mum's a	
That's ⁹ motorbike.	Those are the ¹⁰ bikes.	

Life Skills

Remember to follow class and school rules. Complete the rules with always or never.

- 1 We <u>always</u> do our homework.
- 3 We _____forget our pencil cases and notebooks.
- 5 We _____ wear our school uniform.
- 2 We ____listen to the teacher.
- 4 We ____help each other.
 - 6 We ____say unkind things to other students.

Can you think of some more rules? Write them. Then compare in pairs.

Reading

- Look at the photos and answer the questions.
 - 1 How many forms of transport can you see?
 - 2 Which photos show a ...
 - a canoe?
 - b snowmobile?
 - c bike?
 - Why do you think the children travel to school this way?



How do they go to school?

In some countries, children live a long way from their school. They do not go to school by car, bus or train.

1 Every morning, children from this village in Egypt cycle to school. It is a cheap and healthy way to travel. They can always arrive on time.



2 These children live next to Lake Bunyonyi, in **Uganda**. Their school is on the other side of the lake, so they do not walk to school. They go in a **canoe**. The canoe takes the children to school and back home again every day.

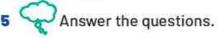




3 This boy lives in the USA. In winter, there is a lot of snow. The children travel to school on a snowmobile!

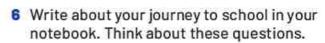
- 2 Read the text and check your answers to Exercise 1.
- 3 Match the speakers with the correct parts of the text in Exercise 2.
 - Sometimes, when it rains a lot, the water's dangerous and we can't arrive at school on time.
- b It's cold, but it's fast -
- When the roads are busy, the bus is slow, but the bike is quick!
- 4 M Listen and check your answers to Exercise 3.

Speaking



- 1 How do you travel to school?
- 2 How long does it take?
- 3 Why do some children need to take difficult journeys to school?
- 4 Why is it important to go to school?

Writing



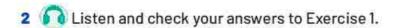
- Is the journey easy or difficult?
- Is it dangerous or safe?
- Does it always take the same time? Why/Why not?







- 1 Look at the photo and answer the questions.
 - 1 Where are the children?
 - 2 Do you think they are talking about ...
 - a their hobbies?
 - b the timetable?
 - c their favourite food?





Language

3 Complete the questions.

English	favourite	good	teacher	subject	What time	

- 1 What subject have we got next?
- 3 Are you _____ at languages?
- 5 When have we got ____?

- 2 What is your ____subject?
- 4 Who is our English _____ this year?
- 6 ____is the break?
- 4 Match the questions in Exercise 3 with these answers.
 - a 6 It is from quarter past ten to half past ten.
 - **c** It is Computer Studies next.
 - e ____Ilike Science.

- b _____It is Mrs Amal.
- d ____ It is after break.
- f _____I'm quite good at English, and I'm not bad at French.
- Work in pairs. Use the questions in Exercise 3 to ask and answer questions about your school day.



When have we got Computer Studies?

It's after break.

Are you good at Computer Studies?

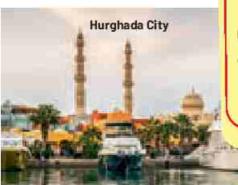
Yes, I'm not bad at it.



Lesson 6

Writing

- 1 Read about Amira, Write the questions a-c in the correct places.
 - a What do you usually do after school?
 - b How old are you, and where are you from?
 - c What subjects do you like?



A Day in My Life!

Amira is from Egypt.

Q: 1

A: I'm twelve years old, and I'm from Hurgada.

Q: 2_____

A: This year, I'm in preparatory 1 at school. My favourite subjects are science, computer studies and maths. We have science and maths in the first lesson every day, but we only have computer studies on Wednesday, I like music, too, but I'm not very good at it!

A: I sometimes read or watch TV. I always do my homework before I have dinner. After dinner, I usually have a shower and read my book in bed. What time do you wake up and go to bed?

- 2 Read the text again. Are these sentences true(T) or false (F)?
 - 1 Amira's family is from Hurgada. I
 - 2 At Amira's school, they have maths and science every day. _____
 - 3 Amira often has computer studies.
 - 4 Amira is good at music.
 - 5 Amira never does her homework after dinner.
- 3 Now write about a day in your life. Use adverbs of frequency.
 - 1 Answer the questions a-c from Exercise 1.
 - 2 Answer Amira's question at the end of the text.
 - 3 Think of one question to ask a student from another country at the end.

Writing tip: Use punctuation correctly

Use a full stop at the end of a sentence: I'm in Grade 7 at school.

Use a comma to separate items in a list:

My favourite subjects are science, computer studies and maths.

Use a question mark at the end of a question:

What subjects do you do?

Use an apostrophe:

- a) to show possession: Amira's family is from Hurghada.
- b) to show a contraction: I'm not very good at it.

Review

1 Say the times.













2 Match the words from A and B to make daily activities.



3 Whose things are these? Which subjects are they for? Make sentences.



- 4 Add the adverbs of frequency to these sentences.
 - 1 We talk on the bus when we come to school. (****)
 - 2 I go to the library at break. (***)_____
 - 3 We forget our homework. (0)_____
 - 4 For breakfast, I have fruit and tea. (****)_____
 - 5 What time do you come home from school?(****)

We always talk on the bus when we come to school.



Unit 3

Lesson1

Different people

Reading: A description of a sports star; a blog post; Alice's Adventures in Wonderland

Writing: A blog post about a friend

Listening: Descriptions of people

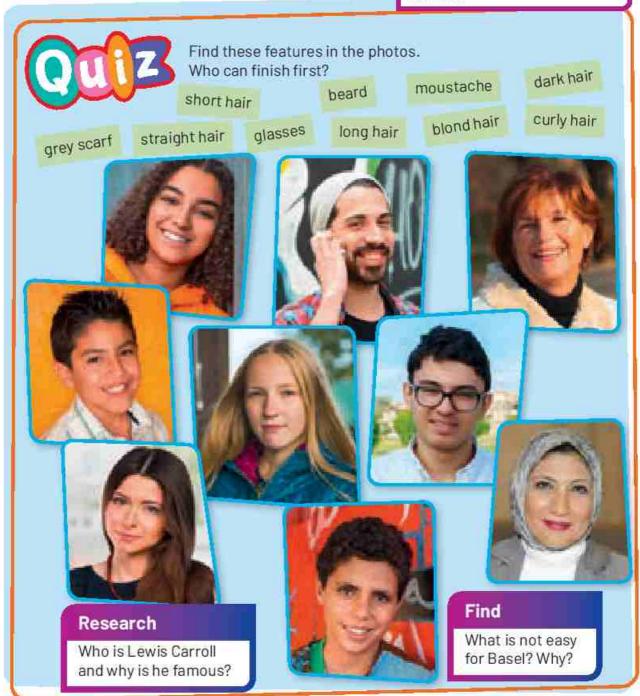
Speaking: Describing people; talking

about likes and dislikes

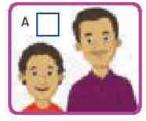
Language: have / has got; can / can't

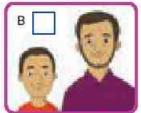
Life Skills: Respect for diversity;

resilience



Language











- 2 Listen again. Answer the questions.
 - 1 Has Samir got short hair? Yes, he has.
 - 2 Has Samir got curly hair?_____
 - 3 Has Samir got blond hair?
 - 4 Has he got glasses?_____
 - 5 Has Samir's dad got a beard?
- What do you look like? Work in pairs. Describe your family.

Remember!

Has he got a beard? Yes, he has. Has he got glasses? No, he hasn't.

I've got short, curly hair. My brother's got straight hair.

I haven't got glasses. My sister has got glasses.

Have / Has got

I / You / We / They have got('ve got) dark hair.
I / You / We / They have not(haven't) got blond hair.
He / She has got ('s got) curly hair.





Speaking

4 Choose a friend. Then ask and answer. Has your friend got straight hair?

No, she hasn't.

Has she got glasses?

Yes, she has.

Is it Marwa?

Yes, it is!

Workbook page 86

Lesson 1

23

Reading

- 1 Look at the photo. What do you know about this sports star?
- 2 Read and check your answers to Exercise 1.



Mohamed Salah is my favourite sports star. He plays football for a very good team in **Europe**. He plays for Egypt, too. He is very good at scoring goals. He is a fast runner.

Mohamed Salah has usually got a big **smile**. He is quite short for a footballer. He is 1.75 metres tall. In this photo, Mohamed Salah has got dark, curly hair and a beard.

He is a **kind** person. He gives money to build schools and hospitals in Egypt. He also gives money to poor people. He is very friendly and he always talks to his **fans**.

He has not got much time for hobbies, but when he is at home, he enjoys playing video games and watching films.

- 3 Read again and answer the questions.
 - 1 Which sport does Mohamed Salah play? He plays football
 - 2 Why does he score a lot of goals?
 - 3 How tall is he?_____
 - 4 How does he help people?
 - 5 What does he like doing when he is at home?
 - 6 Name another sports star you like. What do you like about him/her?



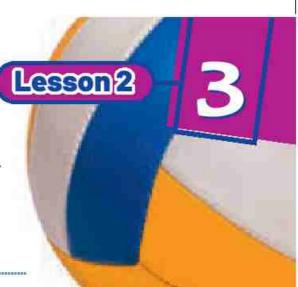
Vocabulary

Work in pairs. Match the words with their opposites.

1	tall	slow
2	fast	rich
3	strong	short
4	poor	unfriendly
5	kind	weak
6	friendly	unkind

Remember!

My brother is tall. ✓ My brother is long. ✗ My hair is long. ✓ My hair is tall. ✗



- 5 Complete the sentences with the correct adjectives.
 - 1 I'm not good at running. I'm very slow.
 - 2 A giraffe is a ____ animal.
 - 3 Nader always talks nicely to people. He's very _____
 - 4 My grandma sometimes gives me presents. She's
 - 5 We can give money to help _____ people.
 - 6 I can't pick up that box. My arms are _____

Language

6 ⋒ Listen and circle the correct words.



- 1 Doaa Elghobashy plays volleybal) / basketball for Egypt.
- 2 She's 160 / 180 cm tall.
- 3 She's strong and she's fast / slow.
- 4 She can / cannot jump very high.
- 5 She's funny / friendly.

can / can't

We use can to say what we are able to do:

We can give money to help poor people.

We use cannot / can't to say what we are not able to do:

I can't pick up that box. My arms are weak.

Speaking

7 Describe your favourite sports star.

My favourite sports star is ...
He/She plays squash/tennis/volleyball ...
He's/She's (quite/very) tall/fast/strong.
He's/She's got (quite/very) long/short hair and ...

He/She can jump high/score goals ...

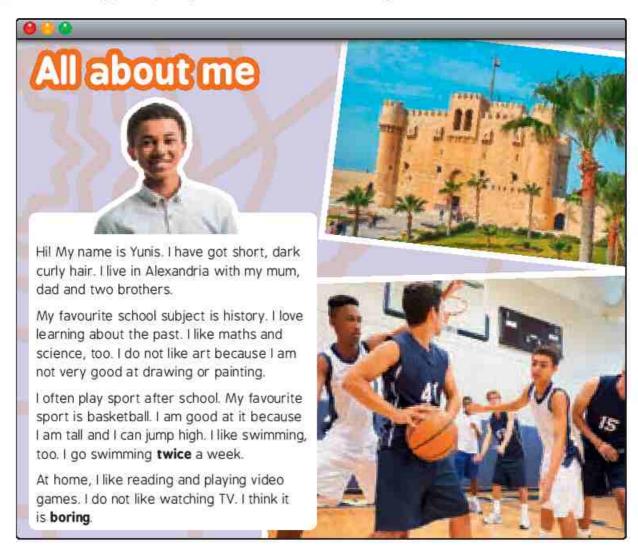


3

Lesson 3

Reading

1 Read the blog post quickly. What is Yunis's favourite sport?



- 2 Read the blog post again. Are these sentences true (T) or false (F)?
 - 1 Yunis has got short, straight hair. __F__
 - 2 He has got a brother and a sister.
 - 3 He likes Maths and Science.
 - 4 He is very good at drawing.
 - 5 He reads and plays video games at home.

Remember!

A blog is a website on which someone writes regularly. It is like an online diary.

Listening

3 Listen to the game and write the order.





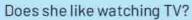




- 4 🕠 Listen again and check your answers to Exercise 3.
- 5 Circle the correct words.
 - 1 Dina(ikes) / doesn't like painting.
 - 2 Noha likes / doesn't like swimming.
 - 3 Eman likes / doesn't like painting.
 - 4 Maya likes / doesn't like painting.
- 6 Play the game with your partner.

Does he / she like ...?

Does he / she like playing basketball? Yes, he / she does. No, he / she doesn't.





No, she doesn't.



Lesson 4

Reading

1 Look at the pictures. What do you think the story is about? Is it a true story?

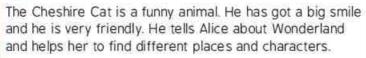


Alice's Adventures in Wonderland

by Lewis Carroll

Alice's Adventures in Wonderland is a famous children's story. Alice's adventure begins when she goes to Wonderland. Alice thinks that Wonderland is interesting, but it is a strange place. She is a sensible girl, but she does not understand Wonderland. Alice is also brave and clever. She meets a lot of interesting characters.

Alice often sees the White Rabbit. The White Rabbit is very busy - and he is usually very late. He always runs fast.



The Queen of Hearts is not very nice. She is a scary person. She is always angry and she shouts at people. Alice is brave, so she is not frightened of her.

At the end of the story, all the characters help Alice so she can go home again.



Alice



2 Read the story and answer the questions.

- 3 Who has got a big smile?

- 1 Who is the main character? ________ 2 Which other characters are in the book? ______
 - 4 Who is not very nice?_____
- 5 Why is Alice able to go home? _____ 6 What can we learn from this story?____

Vocabulary

3 Look at the adjectives in red. Use a dictionary to check the meaning. Write the words in your notebook.

Speaking

4 Play a game. Describe a character from the story for your partner to guess.

> He's/She's... friendly clever brave angry funny sensible busy scary

He/She... helps Alice goes to Wonderland shouts at people always runs fast

She's clever and brave. She goes to Wonderland.

Alice!

Speaking

- Answer the questions.
 - 1 What do you remember about Alice's Adventures in Wonderland? Tell your partner.
 - 2 What do you think of Alice?
 - 3 Is it important to be brave like Alice? Why/Why not?
 - 4 What do you usually like reading? What don't you like reading?
- 2 Look at the photos. Tell your partner what you like / love / don't like doing.



3 Which books do you like? Complete the information.

I love reading books by (name of writer)

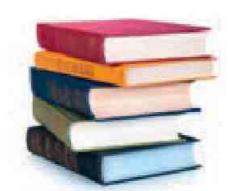
My favourite book is _____

It's about a girl/boy called ____

The other characters are ____

In the book, the girl/boy likes ____

I like ____ because he/she ____



Speaking

Work in pairs. Discuss your favourite book.

Frances Hodgeson Burnett.

My favourite book is

The Secret Garden.



3

Lesson 6



Reading

- 1 Read Fady's blog post. Why can't Fady and Basel always do the same things?
- 2 Read the text again and answer the questions.
 - 1 What does Basel look like? _____
 - 2 What is Basel like?_____
 - 3 What does he like doing?____
 - 4 What is difficult for Basel?
 - 5 How does Fady help Basel? _____

Remember!

Appearance	What does he / she look like?	He's / She's got dark hair. He's / She's tall.
Personality	What's he / she like?	He's / She's kind.
Hobbies	What does he / she like doing?	He / She likes playing basketball.

Q

Life Skills

- 1 How are people in your life different from you?
- 2 Are differences important? Why/Why not?

Who's your best friend?



My best friend is called Basel. He has got straight hair and brown eyes. He is kind and he is very funny. He likes reading and playing video games. Those are my favourite hobbies, tool

Basel has got a **wheelchair** because he cannot walk. It is not easy for Basel to travel around school. I open doors for Basel and I help him to get things in the classroom.

Basel's wheelchair is not usually a problem. We do a lot of things together. He goes to all of my lessons and we have lunch together. Sometimes we even play football in the playground. Basel cannot run, but he is fast in his wheelchair!

I like Basel because he is a lot of fun. I am very happy that he is my friend.

Fady, 12

- Write a blog post about a friend in your notebook. Think about:
 - What he/she looks like
 - What he/she is like
 - What he/she likes doing
 - Things that are the same about him/her
 - Things that are different

Writing tip

Use linking words to connect ideas:

He goes to all of my lessons **and** we have lunch together.

Basel cannot run, **but** he is fast in his wheelchair!

I like Basel because he is a lot of fun.

Review

1 Read and complete the words in each group.

hair (adjectives)

- 1 straight
- 2 c..................
- 3 d___k

face (nouns)

- 4 b___rd
 - 5 m,...st_,ch...
 - **6** g....es

body (adjectives)

- 7 sh___t
- 8 t___1

personality (adjectives)

- 9 fr___nd__y
- 10 k___d
- 11 cl__v__r

2 Read and circle the correct words.

Hamid ¹ is /(has got)short, curly hair. He ² isn't / hasn't got glasses. He ³ hasn't / isn't tall.





Mr Sherif is Hamid's teacher.
He ⁵is / has got short, straight hair.
He ⁶is not / has not got glasses,
but he ⁷is / has got a moustache.
He ⁸is / has got kind and he is
⁹very / many clever.

3 Read and complete the sentences about Magda.

basketball doesn't like loves playing reading

Magda has got a lot of hobbies. She likes ¹reading and sport. She likes playing ²_____ and she likes ³____ tennis, but her favourite sport is swimming. She ⁴____ swimming! Magda doesn't ⁵____ playing video games and she also ⁶____ like playing chess.

4 Ask and answer about Magda.

Does Magda like reading?

Yes, she does!

Project

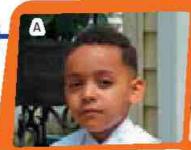
Make a poster about a famous person or someone from your family.

- 1 Find a photo or draw a picture of the person.
- 2 Make notes for your description. Answer these questions:
 - What does he/she look like?
 - What is he/she like?
- 3 Write your description.

- · What does he/she like doing?
- What is interesting about him/her?

Review

Lesson₁









Reading

 Read the text. Write a title and circle the correct words.

By Lina

1 B

This is my aunt. (Her) / His name's Amal. She's ²my / your mum's sister. She's got long, dark curly hair and she's got glasses. Aunt Amal is very kind.

3

Aunt Amal and Uncle Nader have got two children – a son and a daughter. They're my cousins. 4 Our / Their names are Fares and Malak. This is Fares. He's five. He's got short, curly hair and he's very friendly.

2

This is my uncle. ³Their / His name's Nader and he's got short, dark hair. Uncle Nader is very tall! He's a teacher and he's very clever.

4

Malak is two. She's got short, straight hair. She likes playing with ⁵ her / your toys. She usually has a big smile. I think she's very funny.

- 2 Now match the paragraphs with the photos.
- 3 Read the text again and circle the correct words.

name	hair	personality 2kind / funny		
Amal	¹blond /dark			
Nader	3long / short	4sensible / clever		
Fares	5straight / curly	8 kind / friendly		
Malak	⁷ straight / curly	⁸ funny / clever		

Did you know?

In 2018 scientists used a computer to make a family tree with 13 million people on it!

Speaking

4 Make sentences. Use the words from the box.

aunt brother cousin mum son uncle

1 Amal/Lina

3 Malak / Lina

5 Fares / Malak

2 Nader/Lina

4 Amal / Malak

6 Fares / Nader

Amal is Lina's aunt.



32

Lesson 1

Lesson 2



Speaking

1 Look at the timetable. Ask and answer the questions in pairs.

	8.00 - 8.45	8.45 - 9.30	9.30 - 10.15	10.15 - 11.00	11.00 - 11.30	11.30 - 12.10	12.10 - 12.50	12.50 - 1.30	1.30 - 2.10
Sunday	1+1=2	1+1=2		J	B R	Arabic	Arabic		religion
Monday	F	S	60		A			Arabic	1+1=2
Tuesday					K				

- 1 Which lesson starts at half past nine on Monday?
- 2 Which lesson finishes at half past one on Sunday?
- 3 Which lesson is after home economics on Sunday?
- 4 What time does Arabic start on Monday?
- 5 What time does maths finish on Sunday?

Which lesson starts at half past nine on Monday?

Computer studies.

Listening

- 2 Listen to Shady talking about his day. Circle the correct words.
 - 1 Shady usually / sometimes gets up at 6.45.
 - 2 He always / never walks to school.
 - 3 He never / always sits next to his best friend.
 - 4 He often / sometimes plays sport after school.
 - 5 He sometimes / never plays chess.
 - 6 He never / often listens to music.

Writing

- 3 Look at the information. Complete the sentences.
 - 1 Ali doesn't like swimming.
 - 2 Mustafa _____ playing chess.
 - 3 Hamdi _____watching TV.
 - 4 Fawzi _____ swimming.
 - 5 Fawzi and Hamdi _____painting.
 - 6 Mustafa and Ali playing basketball.

200	The second second
Ali	💥 swim
	😊 play basketball
Hamdi	ల ఆ paint
	🙁 watch TV
Mustafa	🙂 🙂 play chess
	😊 play basketball
Fawzi	😊 swim
	లల paint



We're using technology!

Reading: A text message conversation; a text about hobbies

Writing: A paragraph and a poster about online safety

Listening: A description of technology in a classroom; a phone call

Speaking: Describing the technology in your classroom; a guessing game; giving instructions

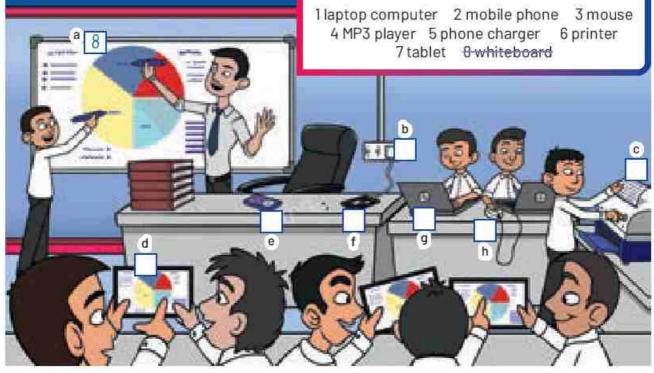
Language: There is / There are; the present

continuous

Life Skills: Problem solving: resilience

Find

Find and number these objects in the picture.





Research

Why is a computer mouse called a mouse?

I am Ziad and this is a picture of my classroom.
We often use tablets in school. There are two
laptop computers in the classroom, too. One
laptop has got a mouse. I don't know why it's called
a mouse. Do you know? And there's a printer, too.
My friend, Omar, is printing his homework.

I have got a mobile phone, but it's in my bag – we don't use our phones in the classroom. Mr Osman has got a phone on his desk. He's charging his

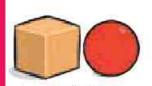
phone with a phone charger. And he's got a new MP3 player, it's small and blue. Can you see it?



Reading

- Read Ziad's description of his classroom. Are these sentences true (T) or false (F)? Correct the false sentences.
 - 1 Ziad has got a mobile phone. T
 - 2 All the students have got tablets.
 - 3 There are three laptop computers in the classroom.
 - 4 Ziad has got a new MP3 player.

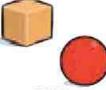
Remember!











next to

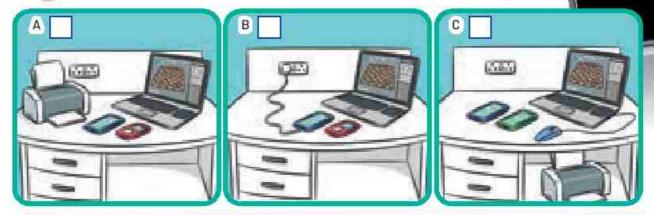
behind

in front of

under

near

Listening and speaking



There is / There are

There is a printer. There isn't a phone charger. Is there an MP3 player?

There are two laptops. There aren't any tablets. Are there any mobile phones?

- 3 Now describe one of the pictures to your partner. Which picture is it?
- 4 Work in pairs. Ask and answer questions about your classroom.

What's in your classroom?

There are some laptops and there's a whiteboard. There aren't any tablets.



Hi, Granddad. It's Adam. What are you doing?

I'm playing chess online. I'm winning at the moment!





 Read the text message conversation. What is in this photo?



Are you using your new laptop?

Yes, it's quite easy to use. What are you doing?

I'm doing my computer studies homework. I'm looking at websites for information about 3D printers.



What are your mum and Alia doing?

They're taking selfies. I'm sending you one of their photos now.





Oh yes! That's a great photo.



2 Match the verbs to the photos. Which of these are in Adam's conversation?

click on the icon look at a website make a video call send a photo send a text message take a selfie tap on the icon write an email



- 3 Read the text again and answer the questions.
 - 1 Who is Adam sending text messages to? his grandfather.
 - 2 What game is Granddad playing online? _____
 - 3 Where is Adam looking for information about 3D printers?
 - 4 What are Mum and Alia doing?
- 4 Work in pairs. Discuss.
 - 1 Would you like to use a 3D printer? Why/Why not?





- 2 Do you tap or click on an icon on a mobile phone? What about a laptop computer?
- 3 Are icons always the same on all phones or laptops? Guess what these icons mean.
- 4 If you design an icon for 'take a selfie', what will it look like?



4

The present continuous

We use the present continuous to talk about things that are happening now. We use the verb to be and the -ing form of the main verb.

I am ('m)	eat ing an apple.		
He is ('s) She is ('s) It is ('s)	read ing a book.		
We are ('re) They are ('re)	mak ing chess pieces.		



- 5 What is happening in the picture? Work in pairs to complete:
 - 1 A girl is

5

- 2 Two boys are
- 6

3 Two boys

7

4 A girl



Writing

6 What are your classmates and teacher doing now? Use a dictionary if necessary.

Ali is reading his English book

4

Lesson3

Listening

1 Listen to the conversation between two sisters. What is Randa doing?



2 Listen again and take notes. Then write sentences about what the family is doing.



The present continuous negative and questions

Negative statements	Questions				
I am not ('m not) using the tablet.	Are you using the tablet? Yes, I am. No, I'm no				
He is not (isn't) writ ing an email. You are not (aren't) watch ing TV.	Is he writ ing an email?	Yes, he is. No, he isn't.			
We are not (aren't) running.	What are you do ing ? What is he / she writ ing ?				

Speaking

- 3 Ask and answer the questions in pairs.
 - 1 Are you sitting next to your best friend?
 - 2 Are you wearing a school uniform?
 - 3 Are you using a dictionary?

- 4 Now answer the questions about your friend.
 - 1 Is he/she wearing black shoes?
 - 2 Is he/she using a tablet?
 - 3 Is he/she writing with a pen or pencil?

Reading

5 Read the puzzle. Match the numbers with the people.

Girl 1 is Soha.

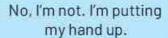


Speaking

- 6 Use the words to make questions. Then ask and answer the questions in pairs.
 - 1 Hala / make a video call
 - 2 Soha / take a selfie
 - 3 Amira / using a tablet
 - 4 Fatma / write an email
 - 5 Leila / take a selfie
 - 6 Mona / reading a book
- 7 Work in pairs.
 - Mime an action.
 - 2 Guess what your partner is doing.

Is Hala making a video call? No, she isn't. She's writing a text message.

Are you waving?









Reading

1 Read about Wael and Mazin. Who has got a laptop?



I love technology! My favourite hobby is playing video games. I usually play them on my laptop, but sometimes I play them on my mobile phone.

Can you guess my favourite lesson at school? Yes, it is Computer Studies! At break and lunchtime I stay in the classroom and I look at video game websites on my phone.

Wael, age 12



I love nature. I like walking and watching the trees, animals, flowers and insects all around us. I don't like being in the house; I like being in the garden and looking at the sky. At school, I always go outside at break. I go when it's very hot or cold!

I've got a mobile phone. I don't send text messages or make video calls on my phone, but I take photos of flowers.

Mazin, age 13

2 Read and complete the table.

How are the boys similar? How are they different?

	Wael	Mazen
Age		
Hobby		
Where he goes at break time		
What he does on his mobile phone		



Life Skills

- 1 What do you think of Wael and Mazin?
- 2 Who do you think needs help?
- 3 What advice can you give him?



Language

 Read the instructions and put the pictures in the correct order.

How to send a text message:

First, tap the messages icon. Tap the name of the person. Write your text message. Then tap the SEND icon.

Imperative

When you are giving instructions, you can use the imperative: the base form of the verb without a pronoun.

Go to the shop.

Buy an ice cream.

Eat it.











2 Complete the text.

Say Tap Turn

How to make a video call:

1 _____your tablet on.

2 the name of the person.

3 Hello!



Speaking

3 In pairs, make instructions for how to make a cup of tea. You can use these words to help you.

Verbs	Nouns
put	kettle
boil	water
drink	tea
	cup



Did you know?

Tea is the most popular drink in the world!

4

Lesson6

Writing

1 Work in pairs. Complete the table with this advice. Can you add any sentences?

Remember!

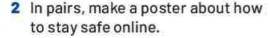
You can write negative imperatives with Don't:

Don't make friends with people you don't know online.

Stay safe when you use technology

- Keep your password secret:
- Make friends with people you don't know online.
- Tell people your personal information (e.g. telephone number).
- Send photos to people you don't know.
- Ask for help from a parent or teacher.
- Answer a phone call or video call from someone you don't know.
- Tell a parent or teacher if you are worried about something.

Do (✓)	Don't (X)
Keep your password secret .	Don't make friends with people you don't know online.



Think about these things:

- Who is going to read your poster?
- How can you make your poster look interesting so people want to read it?
- How can you make your poster easy to read? (e.g. short sentences, use of imperatives, headings)

Writing tip

Use a heading to tell people what your poster is about. The heading can be bigger than the rest of the text. Use an interesting or colourful font.

How to stay safe online

How to stay safe online

How to stay safe online

Review

1 Look and say what these objects are.







What technology do you use? Work in pairs. Discuss.

I use a laptop, but I don't use an MP3 player.

Why don't you use an MP3 player?



3 Ask and answer questions. Guess who your partner is thinking of.





Holidays

Reading: A description of a holiday; an advertisement for learning English

Writing: An advertisement for a holiday; an email about a holiday

Listening: A conversation about a holiday:

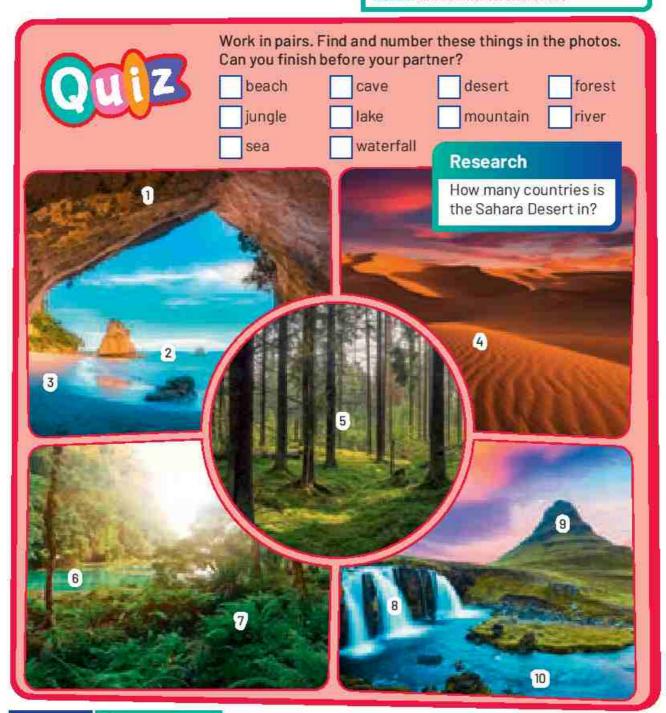
a discussion about a day out

Speaking: Describing a place; talking about a

holiday; responding to news Language: The past simple

Values: Respect

Issues: Environmental awareness





5

Vocabulary

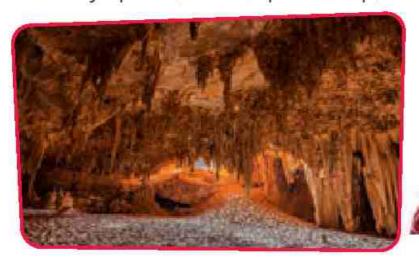
 Write the words from the Quiz in the correct place.



sand desert trees

rock

2 Work in groups to search for examples of these places.



Djara cave is in the desert in Egypt.



Listening

- 3 Listen to Taha and his sister playing a game. Can you guess the places?
- 4 \(\int \) Listen again and check your answers.
- 5 Think of some more places. Play the game with a partner.

Speaking

- 6 Talk about the places on page 44.
 - 1 Where would you like to go? Why?
 - 2 What can you do or see there?



I'd like to go to the beach.
I can swim in the sea, or go in
the cave!

Workbook page 102

Lesson 1

45



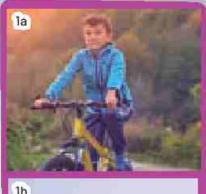


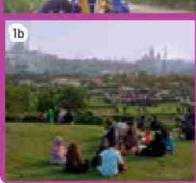


- 1 Look at the photos in Exercise 3. Do you know where these places are in Egypt?
- 2 Which activities can you see in the photos?

climb a mountain eat delicious food go in a cave have a picnic make a sandcastle play games ride a bike see a camel sleep in a tent swim in a lake visit family

3 Look and read. Match the photos with the descriptions.

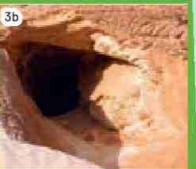














My holiday photos

- Last summer, when the weather was hot, we went to the beach near my home in Hurghada. Mariam made this sandcastle. There was a cave in the rocks. But Mariam didn't want to go into the cave because she was frightened!
- In October, we visited my uncle, aunt and cousins in Cairo. We had a picnic in Al Azhar Park. We ate delicious food. Then we played games and Ali rode his bike.
- When I was eight, we went to Siwa. We swam in the lake, and climbed the mountain. We saw camels and slept in a tent in the desert. It was my favourite holiday!







- 4 Read the text again and circle the correct words.
 - 1 The beach was / wasn't far from Sayed's home.
 - 2 Sayed and Mariam went / didn't go into the cave.
 - 3 Sayed's uncle and aunt were / weren't in Cairo with them.
 - 4 Sayed swam / didn't swim in the lake at Siwa.
 - 5 There were / weren't camels in the desert.

Language

5 Read and complete the table.

Past simple

Past simple - to be

Statements	Negative statements
Mariam was frightened of the cave.	I was not (wasn't) frightened of the cave.
There were camels in the desert.	There were not (weren't) any cars on the beach.

Past simple - other verbs

		Statements	Negative statements
Regular verbs		climb ed . play ed .	did not (didn't) climb. did not (didn't) 1
Irregular verbs	I / You / He / She / It / We / They	went to the beach. swam. slept.	did not (didn't) go to the beach. 2 (didn't) swim. 3

6 Find and underline the past simple form of these verbs in the holiday descriptions in Exercise 3.

have make ride see visit

- 1 Say if they are regular or irregular.
- 2 Write the past simple negative form of the verbs.

Speaking

7 Work in pairs. Use the verbs in Exercise 6 and make sentences about your holiday.

Listening

- 1 Look at the photos. Guess the answers.
 - 1 Where did Yunis go on holiday?
 - 2 What did he see and do there?
- 3 Listen again. Choose the correct photo.



C





Hi. I'm Yunis. I had















Vocabulary

4 Work in pairs. Find these things in the photos.

buy camp castle dolphin holiday flat hotel flag souvenir view

Past simple questions and answers

Questions		Answers	
Did	I / you / he / she / it / they / we	climb a mountain?	Yes, I did. / No, we did not (didn't).
Where did	I / you / he / she / it / they / we		I / you / he / she / it / they / we went to

5

Language

- 5 Complete the past simple questions with the correct form of the verbs in brackets.
 - 1 Did you go (went) on holiday last year?
 - 2 _____you and your family _____(stayed) in a hotel?
 - 3 How you (went) to school today?
 - 4 What _____you ____(did) on Saturday evening?
 - 5 What _____your mother ____(bought) at the market?
 - 6 What _____you ____(ate) for dinner last night?
- 6 Work in pairs. Ask and answer the questions in Exercise 5.
 - 1 Yes/I/go/to Alexandria. Yes, I did. I went to Alexandria.
 - 2 No / we / camp / by the lake.
 - 3 I / walk / to school.
 - 4 1 / have dinner / with my family.
 - 5 She / buy / fruit.
 - 6 We / eat / pizza.



Speaking

7 Ask and answer questions about your last holiday. Choose verbs from the box.

buy camp do eat go have make play ride see swim visit walk





Lesson 4 Learn English in London!



Reading

- Read the text quickly and answer the questions in pairs.
 - What holiday activity does the advertisement describe?
 - 2 Did the three students like this holiday activity?
 - 3 Would you like this holiday activity? Why/Why not?



 Our students come from all around the world to study and learn in this exciting city.

 Holiday courses are for one, two or three weeks.

I learnt English and had a really great holiday at the same time! London's shops are fantastic. I bought a lot of souvenirs. My favourite activity was a ride on the London Eye, because there was a beautiful view of the city from the top.



Laura, France



I had a wonderful time at the language school! I was there for two weeks. It was nice to meet students from different countries. My favourite place was Windsor Castle. We went there by train. We walked all around the castle, but we did not see the Queen!



Mona, Egypt



When I first came to the language school, I was not very good at English. But the teachers helped rne a lot. The lessons were fun, and for homework we did interesting projects. Lenjoyed speaking English!



Jurgen, Germany

- 2 Read again and answer the questions. Write full sentences.
 - 1 How long did Mona stay at the language school? She stayed there for two weeks
 - 2 What place did she enjoy visiting?
 - 3 How did she get there?
 - 4 Did she see the Queen?
 - 5 Was Jurgen's English good when he first came to London?
 - 6 What homework did the students do?
 - 7 What did Laura buy?
 - 8 Why did she ride on the London Eye?



Project

Work in groups, Find out which holiday activities people can do in Egypt. Make a list.

You can learn Arabic in Cairo.

In Hurghada, you can go on safari rides.

Work in pairs. Make an advertisement for a holiday in Egypt.

- Choose one activity you can do in Egypt.
- 2 Design and write an online advertisement and add pictures.
- 3 Show your advertisement to the class and talk about it.



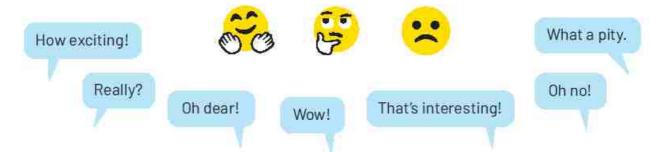
Listening

- 1 Listen, What ate Mazin's ice cream?
- 2 N Listen again and put these pictures in the correct order.



Speaking

3 Match the responses from the listening activities to the correct emotion.



- 4 🕠 Listen again and repeat the expressions in Exercise 3.
- 5 Work in pairs. Take turns to be A and B.
 - Student A: Make a sentence about something you did or something that happened to you yesterday. Tell your partner.
 - Student B: What do you say? Use one of the expressions in Exercise 3.





Reading

- 1 Look at the photo. Do you know where it is?
- 2 Read Fatma's email. Find:
 - 1 two places she visited on her holiday to Paris: The Eiffel Tower.
 - 2 where she stayed:
 - 3 something she ate:
 - 4 two things she bought:
 - 5 something she did not have time to do:



— ∡ ×



From: Fatma To: Azza

Subject: My holiday

Hi, Azza!

I am back from my holiday in Paris. I had a wonderful time! Paris is a great city for a holiday because there is so much to see and do. The food is delicious. I ate a lot of new things, for example, snails!

One day we climbed the Eiffel Tower, and from the top we had a view of the city. We visited museums and had a picnic in the Luxembourg Gardens. We also went on a boat on the river Seine. What a pity we did not have time to go to the Science Museum. I also wanted to see the art at the Louvre, but it was closed.

Near our hotel there was a busy market. I bought a T-shirt and some postcards. I also bought you a souvenir. It is a very small Eiffel Tower! You can put it next to your bed. It has got a light on the top.

See you soon!

Fatma



Writing

- 3 Write an email about a holiday. Answer the questions and give some examples.
 - Where did you go?
 - · Who did you go with?
 - Where did you stay?
 - What did/didn't you do/see/visit/eat?
 - How did you travel?
 - Did you enjoy your holiday? Why/Why not?

Lesson 6 Workbook page 107

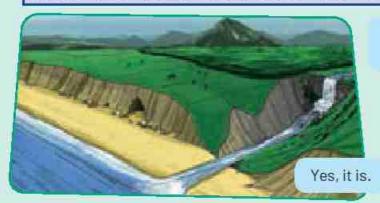
Writing tip The form of an email is: Header: from / to / subject Greeting: Hi / Hello Body: the topic Closing: Best wishes, / Yours. / See you soon. Signature: Sender's name



Review

1 Describe something in the picture to your partner. Do not say its name. What is it?

desert forest jungle lake mountain river sea beach cave



It's very high. There's lots of water in it.



Is it a waterfall?



2 Complete the sentences with the past simple form of these verbs.

CHI	nb	eat	go	nave	make	play	riae	see	sieep	swim	VISIE
I did	a lot	ofth	ings	on holi	day! I						
1 <u>vis</u>	sited	my f	amily	in Can	ada.			2	delici	ous foo	d.
3		a pic	nic.				N.	4	a hors	se in the	e forest.
5	ndc	to th	e bea	ich and	а		.0		tenni	s.	
7		in a t	ent!				3	3	in the	sea an	dad
9		a mo	untai	n.							

- 3 Complete the sentences with the past simple form of the verbs in brackets.
 - 1 They didn't travel (not travel) by car. They walked (walk). 2 He _____(swim) in the sea, but he _____(not see) any dolphins. 3 We _____(not stay) in a hotel, we _____(sleep) in a tent. 4 | _____(go) to the beach, but | _____(not make) a sandcastle. 5 She ____ (not wear) a coat, because it ____ (be) a very hot day. 6 We (not watch) TV. We (play) basketball.



- 4 Write the guestions. Then answer them in your notebook.
 - 1 you / go to the beach on holiday? Did you go to the beach on holiday?
 - 2 you and your friends / play tennis last week? _____
 - 3 your father / travel to work by bus this morning? _____
 - 4 you / eat fish for dinner yesterday evening?
 - 5 you and your family / go to the shops last Saturday? _____

No. I didn't. I stayed at home.



Let's eat!

Reading: A recipe; reviews of a dish; a text about healthy snacks; a text about food in Africa

Writing: A paragraph describing a picture; an online review of a café

Listening: A conversation about what food there is; an interview about healthy drinks; a conversation in a café

Speaking: Asking and answering about food in a picture; giving advice; ordering food in a café

Language: Countable and uncountable nouns; should and shouldn't for advice

Life Skills: Decision making; problem solving

Issues: Preventative health







Research

What kind of food is healthy?



















What food can you see in the pictures? Can you name them all?









Mohamed

What food do you like? What food don't you like?

I like nuts, but I don't like olives. What food do you like? I like salad and meat.



Ragab

Find

Look through the unit. What is a popular food in Morocco?

Mohamed

54 Lesson 1



Language

1 Look at the photos on page 54 and complete the table.

Uncountable nouns				
cheese				

Listening

- 2 Listen to Nadia and her brother Omar. Which two things do they not have?
- 3 Read and circle the correct words. Listen again and check.
 - 1 S / Are there any hummus? No, there isn't / aren't.
 - 2 There are some / any peppers, too.
 - 3 Are / Is there any cheese?
 - 4 Is / Are there any figs? No! There aren't some / any figs.
 - 5 There are some / any raisins.

Speaking

4 Play the game with a partner. Ask and answer questions.

Countable and uncountable nouns

- Countable nouns are nouns we can count. They can be singular or plural.
 Use a/an before a singular countable noun. The plural usually ends in -s.
- Uncountable nouns do not have a plural form. We cannot count them and we cannot use a/an before them.

Countable	Uncountable
l like nut s .	I like cheese.
I need a drink.	I need water.

Some and any

Countable nouns	Uncountable nouns		
Are there any peppers?	Is there any cheese?		
Yes, there are.	Yes, there is.		
There are some peppers.	There is ('s) some cheese.		
There are not (aren't) any figs.	There is not (isn't) any hummus.		









Is there any cheese?

Yes, there is.

Are there any biscuits?

No, there aren't.

It's picture b!

Writing

5 Write a description of one of the pictures from Exercise 4.

There's some cheese. There aren't any olives ...

estions.

Reading

- 1 Look at the photo and the recipe and answer the questions.
 Do you eat this food at home? Can you make it?
- 2 Read the recipe and put these pictures in the correct order.

Roz Bel Laban: Egyptian Rice Pudding

Ingredients

- 1 cup of rice
- 2 cups of water
- 3 cups of milk
- 1 cup of sugar
- 1/4 a cup of raisins
- 1/4 a cup of nuts
- 1/4 a teaspoon of cinnamon

Instructions

- 1 Put the rice and water in a saucepan.
- 2 Boil the rice and water for 20 minutes.
- 3 Add the milk slowly as you stir.
- 4 Add the sugar and stir again.
- 5 Put the rice pudding into bowls.
- 6 Put the raisins, cinnamon and nuts on top.
- 7 Put the rice pudding in the fridge.



Vocabulary

3 Look at the words in bold in Exercise 2. Which can you see in the pictures? Then complete the table.

Equipment	Verbs for cooking
cup	boil

Language

4 Read the reviews of the recipe. Who did not like it?

Really easy!

It's really easy to make. There aren't a lot of ingredients and it's very quick to cook.

Fawzi

OK, but a bit boring ★★★

I liked this rice pudding, but it isn't my favourite. I think there are too many raisins. I don't like them. I prefer rice pudding with coconut.

Hana

Perfect!

There are a lot of rice pudding recipes online, but this is my favourite. It's easy to make and there's enough rice pudding for the whole family. There's a lot of sugar in the recipe, but I like sweet food.

Nabila

Not like my mum's rice pudding!

My mum's rice pudding is delicious, but this rice pudding isn't very good. There's too much sugar and there aren't enough other ingredients.

Salem

5 Read the reviews again. Are these sentences true (T) or false (F)?

- 1 Fawzi and Nabila think the recipe is very good. T
- 2 Fawzi thinks that the recipe is easy.
- 3 Hana likes the raisins in the recipe.
- 4 This is Hana's favourite recipe for rice pudding.
- 5 Nabila makes the rice pudding for her family.
- 6 Salem likes rice pudding with more sugar.



a lot of, enough, too much, too many

We can use these words with countable and uncountable nouns.

Which one means as much or as many as you want?

There is a lot of sugar. There are not enough ingredients.

There are a lot of rice pudding recipes.

There are too many raisins.

There is **enough** rice pudding for all the family.

There is too much sugar.

Speaking

6 Work in pairs. Look at the photos and use the table to make sentences.

There are	a lot of	rice.		
	- Annahamanan	people.		
There's	enough	milk.		
There isn't	too much	figs.		
- CARGOLINAS AND SIN SIN	to see the Carrier sections are	nuts.		
There aren't	too many	tomatoes.		

There's too much milk.



6

Lesson 3

Reading

- 1 Look at the photos and read the introduction. What does the article give advice on?
 - a) making delicious snacks
 - b) eating healthy snacks
 - c) how to stop eating snacks







Healthy Snacks

Everyone loves **snacks**! But some snacks are bad for us. What is the best way to enjoy healthy snacks?

Crisps and cakes

It is OK to eat **crisps** and cakes sometimes, but you should not eat too many of them. Crisps have a lot of fat and salt. **Cakes**, **chocolate** and biscuits have a lot of **fat** and sugar. Too much of this type of food is bad for our bodies.



Fruit is a great snack! It is very good for us and most people like the sweet taste. You should eat between two and four pieces of fruit a day.

Beans and vegetables

Beans and vegetables do not have much sugar or fat. They are very good for us, so we should eat a lot of them. Snacks like *hummus* with carrot and **pepper** are delicious.

We should be careful, even with healthy foods. Fruit juice has got a lot of sugar so we should not drink too much of it. Olives, meat and fish sometimes have a lot of salt.



Olives, meat and fish sometimes have a lot of salt.

- 2 Complete the sentences with the words from the article.
 - A lot of cakes and biscuits are <u>bad</u> for our bodies.
 - 2 It is a good idea to eat between two and _______ pieces of fruit a day.
 - 3 and vegetables do not have much sugar
 - 4 and fish sometimes have a lot of salt.

Remember!

We can often use a piece of/ pieces of with uncountable nouns:

Here's a piece of cheese. Eat four pieces of fruit.

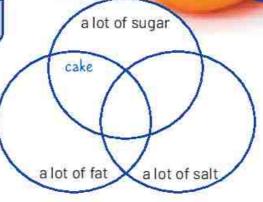


6

3 Read the article again and complete the diagram.

biscuits eake chocolate crisps fruit juice olives





4 Think of four more types of food and add them to the diagram.

Speaking

- 5 Ask and answer the questions in pairs.
 - 1 Which snacks do you eat?
 - Which are good for you and which are bad for you?

should / shouldn't

- You **should eat** a lot of fruit and vegetables.
- You shouldn't eat too many crisps and cakes.

Language

- 6 Complete the sentences with should or should not.
 - 1 We should drink a lot of water.
 - 2 Wehave drinks with a lot of sugar.
 - 3 We ____ have fizzy drinks.
 - 4 Wedrink a glass of milk every day.
- 7 Listen to the interview and check your answers to Exercise 6.

0

Issues

Work in pairs. Discuss these situations. What should we do? What shouldn't we do?

- 1. I like sweet food, but I don't want to eat too many cakes or biscuits.
- 2. I want to look after my teeth.
- 3. I'm not hungry at dinner time.
- 4. I eat a lot of olives because they are good for me.
- You need to have healthy foods that help your body to grow.
- Unhealthy foods cause illness and add to your weight.

Reading

- 1 What food can you see? Which countries do you think they are from? Which would you like to try?
- 2 Read the descriptions and check your answers to Exercise 1.

Food in Africa



Egypt has a lot of interesting food, but my favourite meal is koshari. It is a delicious meal with rice, pasta and tomatoes. It is very popular. Many people like it. Marwa



I live in Morocco. Tagine is a traditional meal from my country. It is a stew with meat, vegetables, fruit and spices. The taste is amazing! The name tagine comes from the cooking pot for this food.



In Kenya, people often make nyama na irio for dinner. It is a stew with meat and potatoes, It is wonderful! I love eating it after school when I am very hungry! Makena

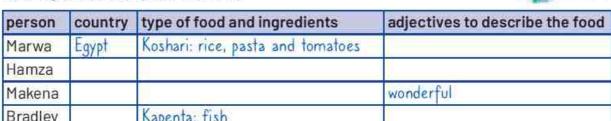


Kapenta is a popular type of fish in Zimbabwe. We catch the fish from the lake and dry it in the sun. Kapenta is very good for you, so you can eat it every day. We often cook it with tomatoes and onions. It is great! Bradley

- 3 Read the text again. Are these sentences true (T) or false (F)?
 - 1 Koshari has got rice and pasta in it.

Hamza

- 2 Tagine does not have meat in it.
- 3 Tagine is the name of a meal and a cooking pot.
- 4 People in Kenya often have meat stew for dinner.
- 5 Kapenta is a type of vegetable.
- 4 Read again and complete the table.



Kapenta: fish Bradley Speaking

5 Work in pairs. Discuss your favourite food. What is in it? How can you describe it?

Listening

1	Tick (✓) the food that the customer buys
---	--

cheese and tomato pizza small salad apple juice chicken pizza large salad orange juice

2	6	listen again and put these	phrases
	in	the order that you hear them	

ľd like ...

Small or large?

What would you like?

Is that everything?

We've got ...

That's ... pounds.

Have you got any ... ?



Speaking

Work in pairs. Take turns to be A and B.

Student A: You are a customer. Choose three things

from the menu. Ask the

waiter.

Student B: You are a waiter.

Listen and talk to the customer.

Remember!

Ordering food in a café

Waiter: What would you like?

Customer: I'd like.... Have you got any...?

Waiter: We've got Here you are. Anything

else/ Is that everything?

Customer: How much does it cost?

Waiter: That's...pounds.



Reading

Read the review. What did Sara like most about her visit?

City Café

Great visiti

Review by: Sara

I visited this café last weekend with my mum, my dad and my brother, Ashraf. We chose this café for lunch because it looked very nice. The walls were green and white and there were big windows. (I love looking out of the window and watching the city.)

Ashraf and I both had rice for lunch. I had fish with rice and he had chicken. My dad had fish with rice, too, and mum had a salad. It's very healthy! We all liked our food.

After lunch, Ashraf and I had desserts. This was the part we enjoyed most! There were a lot of different desserts and they all looked delicious! I chose basbousa and Ashraf had kunafa. They were amazing!!!

I'd like to visit this café again (very soon)!



- 2 Read the review again and answer the questions.
 - 1 When did Sara go to the café? She went there last weekend
 - 2 Who did Sara go with?_____
 - 3 What did the café look like?_____
 - 4 What did Sara have for lunch?
 - 5 Why did Sara's mum have a salad?
 - 6 What did Sara and Ashraf have after their lunch?

Writing

- 3 Write a review of a café (it does not have to be real). Include the following information in your paragraph:
 - When you visited

- details What you ate
 - · What you thought about your food
 - What you enjoyed most



Writing tip

The first sentence of a paragraph is the topic sentence.

Other sentences are details that should support the topic sentence.

These details can be reasons, descriptions, or examples.

Review

Match the food with the photos.



- 2 Is the food in Exercise 1 countable (C) or uncountable (U)?
- 3 Read and circle the correct words.
 - 1 I like biscuits with too many / a lot of) raisins in them.
 - 2 Are there some / any tomatoes in the fridge?
 - 3 This cake is very sweet. There's too much / many sugar in it.
 - 4 Have we got enough / too much rice to make koshari?
 - 5 There's some / any cheese on the table.
 - 6 There are too many / enough people in this café. Let's go to another one.
- Work in pairs. Give advice using should, shouldn't and these words.

eat too much too many a lot of fizzy drinks

You should eat a lot of vegetables.

Project

Write a recipe for a meal or snack.

- 1 Choose a meal or a snack. Write a list of ingredients.
- 2 Make a list of instructions. Make sure that you:
 - say what to do for each part of the recipe
 - put the instructions in the correct order
- 3 Write your recipe. You can add pictures if you like.





Reading

- Match paragraphs 1-4 with the headings a-d.
 - **a** A recipe
 - **b** What and when is it?
 - c What I did
 - d What people do



Sham El-Nessim

● ● ● < →</p>

- 1 Sham El-Nessim is my favourite time of the year. We enjoy it at the start of spring. Sham El-Nessim started in 2700 BCE!
- 2 Today, most Egyptians have a picnic in a 1_park_ or next to the river with their families. Many people also go to the beach, where they make sandcastles and 2______ in the sea.





4 Last year at Sham El-Nessim, we 5______ to Alexandria. We visited our family and went to the beach. We rode our bikes and played games. Do you know what we are doing in this photo? We 6______ eggs! We always do this. We 7_____ see our cousins last year, but we made a video call. It was fun to talk to them on the 6_____

Do you know any other special food? Click on the *_____ at the top of this website. Take a photo and write an email about it.

Send us a 10_____ for it.

- 2 Read the text again and choose the correct words that complete the paragraph above.
 - 1 a cave
 - 2 a swim
 - 3 a any
 - 4 a enough
 - **5 a** go
 - 6 a are painting
 - 7 a don't
 - 8 a charger
 - 9 a icon
 - 10 a tablet

- **b** jungle
- **b** climb
- **b** a lot
- **b** too many
- **b** went
- **b** painted
- **b** not
- **b** laptop
- ioptop
- **b** tablet
- **b** password

- c park
- c hide
- c some
- c too much
- c travel
- c paint
- c didn't
- c TV
- c email
- c recipe



Vocabulary

3 Complete the diagram with words and phrases from the text.





outdoor places and activities have a



Listening

 Listen and number the pictures in the correct order.





Language

- 2 Choose the correct words.
 - 1 We haven't got some /any milk.
 - 2 How much / many eggs do we need?
 - 3 We need two cups of milk. We've got one cup, so this is not enough / too much.
 - 4 Have we got enough / many butter?
 - 5 Don't put enough / too much butter in the pan.
 - 6 We don't need a lot of / some salt. We only need one teaspoon of salt.
 - 7 There are / is a lot of milk in the fridge.
 - 8 How much / many honey do we need?
- 3 Say the past tense of these verbs. Are they regular or irregular?

eat go have make play ride see start swim travel visit write visit-visited: regular eat-ate: irregular.

Speaking

4 Work in pairs. Complete the dialogue. Then practise reading it.

Waiter: Good afternoon! What would you like?

Customer: I'd like 1_____, please.

Waiter: OK. Anything else?

Customer: Yes, 2_____, please.

Waiter: Small or large? Customer: 3_____, please.

Waiter: And would you like any drinks?

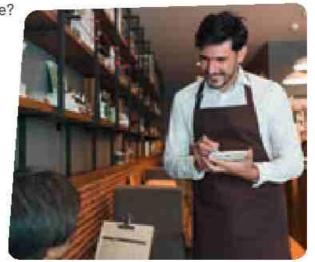
Customer: Do you have 4 ?

Waiter: Yes, we've got 5 and 6 and 6.

Customer: l'd like 7_____, please.

Waiter: OK. That's pounds, please.

Customer: 9____. Thank you!







Term 1

New Helle!

English for Preparatory Schools

Year One

Workbook

Mathew Hancock



Contents

1 My family and me	Page 72
2 It's my favourite subject	Page 79
	Ċ
3 Different people	Page 86
Review A Revision of Units 1–3	Page 93
	1
4 We're using technology	Page 95
5 Holidays	Page 102
6 Let's eat!	Page 109
Review B Revision of Units 4–6	Page 116

Check your English

Checkyour English

-	310	is is a fact file of son	ie :	students. Look and	1 11)	ane sentences.		
	Ag Lik	me: Basel e: 12 es: football vourite food: fish with	ric	e a	A L	lame: Fatma ge: 13 ikes: books avourite food: chicl	ken	
	A L	lame: Maher and Hany lige: 12 likes: tennis lavourite food: ice crea		22	4	Likes:		
	1 2 3	His name is Basel H		s twelve. He likes			fααι	d is fish with rice.
2	Co 4	mplete fact file 4 for					cis	e 1.
3	1	Listen and choose The bag is a new	b	e correct answer fi Injy's		n a, b, c or d. Lama's	d	Lama's sister's
		The pencil case is a red		blue	С	yellow	d	green
		Lama has got a a book about spor c an English book She has also got	ţ			a toy animal a book about anin	nals	3
		a some oranges The girls are in		an orange		an apple		
		a a school.	D	a nouse.	C	a park.	a	a shop.
4	Re	ad and correct the m						
	1	Hatem don't like spor			1000			
	2	I want play tennis thi	s a	fternoon.		Tr. II. II.		11 11 11 11
		Look! Those children						
	4	I visit my cousins yes						
	5	You speak English ve	ry	good.				

5 Read the text, then answer the questions.



Mr Taha is a teacher in Port Said. He teaches English. On Monday, Tuesday and Wednesday, he makes himself a sandwich for lunch. He eats it in the school. On Thursday and Friday, he usually walks home. His wife makes him his favourite lunch: chicken and potatoes. Yesterday, it rained a lot. The weather is sometimes rainy in Port Said. Mr Taha did not want to walk home, so he went to a restaurant near the school. He loves the food there. The cook makes it all himself.

1	Where			n a school in Port Said.			
2	What						
3							
4				e yesterday?			
5	Is the	weather always	rainy in Port Said	i?			
6				?			
7			lined word <u>there</u> r				
6				d. Listen and put (✓) or (✗).			
U.		nese words nav ed/talked	re the same sound	2 called/waited			
3	/laecha/foll/frest/4264			4 cake/home			
ು	Dide/d	uck		4 Cake/Home			
	-11	ale teste		C father //harthau			
5				6 father/brother			
5 7				6 father/brother 8 tail/gate			
7	candy	/July	weekend? Look a	755 N.S. (W.S. (W.			
7	candy	/July	weekend? Look a	8 tail/gate			
7 W	candy	/July they do at the		8 tail/gate			
7 W	candy /hat di d	/July they do at the Friday	Saturday	8 tail/gate at the table and answer the questions.			
7 W A Y	candy /hat did	they do at the Friday play football	Saturday visit cousins	8 tail/gate at the table and answer the questions.			
7 W A Y	candy /hat did Ashraf /unis Riham	they do at the Friday play football bake a cake visit friends	Saturday visit cousins work in his father play tennis	8 tail/gate at the table and answer the questions.			
7 W A Y	candy /hat did Ashraf /unis Riham Did Yu	they do at the Friday play football bake a cake visit friends	Visit cousins work in his father play tennis If on Friday? No. h	8 tail/gate at the table and answer the questions. er's shop e didn't He baked a cake.			
7 W A Y R	candy /hat did Ashraf /unis Riham Did Yu	they do at the Friday play football bake a cake visit friends nis play footbal	Saturday visit cousins work in his fathe play tennis Il on Friday? No. h	8 tail/gate at the table and answer the questions. er's shop e didn't. He baked a cake. Saturday?			
7 W A Y R 1 2 3	candy /hat did Ashraf /unis Riham Did Yu Did As What	they do at the Friday play football bake a cake visit friends nis play footbal thraf work in his	Saturday visit cousins work in his fathe play tennis II on Friday? No. h s father's shop on	8 tail/gate at the table and answer the questions. er's shop e didn't He baked a cake. Saturday?			
7 W A Y R 1 2 3 4	Ashraf Yunis Did Yu Did As What	they do at the Friday play football bake a cake visit friends nis play footbal chraf work in his did Ashraf do och	visit cousins work in his fathe play tennis II on Friday? No. h s father's shop on n Friday?	8 tail/gate at the table and answer the questions. er's shop e didn't. He baked a cake. Saturday?			
7 W A Y R 1 2 3 4 5	candy /hat did Ashraf /unis Riham Did Yu Did As What Did Ri	they do at the Friday play football bake a cake visit friends hraf work in his did Ashraf do or ham visit her co	visit cousins work in his father play tennis If on Friday? No. has father's shop on Friday? ousins on Friday? n Saturday?	8 tail/gate at the table and answer the questions. er's shop e didn't He baked a cake. Saturday?			
7 W A Y R 1 2 3 4 5 6	Ashraf Yunis Did Yu Did As What Did Ri Where	they do at the Friday play football bake a cake visit friends nis play footbal harf work in his did Ashraf do or ham visit her co	visit cousins work in his father play tennis If on Friday? No. has father's shop on Friday? Dusins on Friday? In Saturday?	8 tail/gate at the table and answer the questions. er's shop e didn't. He baked a cake. Saturday?			

Unit Lesson1

My family and me

Vocabulary

Complete the crossword.

1 _d						
2 _a						3
U		-		4		
5 ₉						
h	***					
t					6	
e					I to the same of t	
r			7			

Across -

- 2 Your mum or dad's sister.
- 5 Your mum or dad's mother.
- 6 Your brother is your parent's ...
- 7 Your mum or dad's brother.

Down 🌡

- 1 Your sister is your parent's ...
- 3 Your mum or dad is your
- 4 Your aunt and uncle's child.

Listening

2 Listen and complete the text with possessive adjectives.

Hi! My name's L	ara and this is 1 my	family. That's my brother.		
²na	me's Ayman. Lina and I	Hatem are ³	parents.	
We have one co	ousin, Khadeeja. 4	parents are	my uncle	
and aunt. 5	names are Ima	d and Dina. What a	about you?	
What's 6	name?			



Language

3 Complete the sentences with subject pronouns and object pronouns.

- 1 It's her car. She often drives it.
- 2 Throw the ball to _____please. I am waiting.
- 3 Our parents are proud of ______ because we work hard at school.
- 4 Can have my pen, please?
- 5 Grandfather arrives at 5 o'clock. Let's go to meet _____
- 6 Clap for the football players. _____ played very well.



1	Read and match the words
	with their meanings.

- 1 c chess
- 2 band
- 3 drums
- 4 twins
- 5 voluntary work



- a These brothers or sisters are the same age.
- b It is work you do for no money.
- c It is a game for 2 people.
- d It is a group of people who play music together.
- e These are musical instruments which you hit to make a noise.

2 Complete the t	tabl	e.
------------------	------	----

basketball chess the drums football music on the radio swimming the teacher voluntary work

do	go	listen to	play
voluntary work			

- 3 Complete the sentences with the correct verb form. Use verbs from Exercise 2.
 - 1 I always listen to the teacher.
 - 2 Do you _____swimming after school?
 - 3 Hany loves basketball. He ______it every day.
 - 4 My father _____ football matches on the radio.
 - 5 Maher voluntary work at a hospital.



- 4 Write about your hobbies and when you do them. Use these ideas:
 - 1 What is your favourite sport?
 - 2 When do you do it?
 - 3 What sport don't you like?
 - 4 What do you watch on TV?
 - 5 What do you listen to on the radio?

					70
se i	deas:				
*****	*******	********	******	********	**********

Language

1 Complete the text with these words.

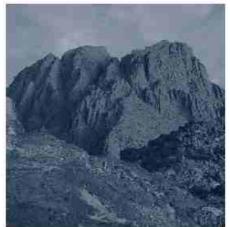
catches is doesn't doesn't work don't go go goes lives play watches



	la	m Hassan. My family lives in Alexandria, but my dad 2
	in	Egypt. He works in London. He 3 to the airport on Sunday evenings
		nd he 4a plane to England. He comes home on Thursday evenings. On
		aturday, I ⁵ to school, and my father doesn't work. We ⁶
		ness or we go to the park. On Sunday mornings, we 7swimming. My
		other 8three and he 9swim. He 10us!
2	Re	eorder the words to make questions.
	1	you / chess? / play / Do
		Do you play chess?
	2	brother / Does / football? / your / play
	_	
	5	your / Where / work? / does / father
	4	your / live? / do / grandparents / Where
	5	does / How long / it / you / school? / to come / take / to
3	Ma	atch the questions in Exercise 2 to these answers.
	а	1 They live in Port Said. We visit them in the summer.
	b	It takes about 30 minutes. I come by bus.
	C	No, he doesn't. He plays basketball.
	d	He works in Cairo. He works in a bank.
	е	Yes, I do. I play on Sundays.

1 Comp	lete	the	sen	tences
--------	------	-----	-----	--------

(attic cities goat mountain orphan	7
1	A mountain is very high.	
2	Anhas no mother or father.	
3	Cairo and Alexandria are big	
4	You can get milk and cheese from a	
5	An is at the top of a house.	



2 Complete the table. Can you add any words?

airport	birds	flowers	goats	hospital	parks
in a city			in the n	nountains	
airport					



3 Match the description to the people in the story.

1	Heidi
2	Peter
3	Heidi's grandfather
4	Heidi's aunt

- a He is a boy who lives in the mountains.
- **b** She is young and happy.
- c She does not want Heidi to stay in the mountains.
- d He is an old man.

Writing

4 Answer the questions about Heidi.

AI	iswer the questions about neidi.	
1	Where does Heidi's grandfather live?	He lives in a small house in the mountains
2	What does Heidi do every day?	***************************************
3	Why is Heidi sad in the city?	44444.00000.00000.00000.00000.00000.00000.0000
4	Do you think Heidi is right to love life in	the mountains? Why?
****	**************************************	
5	Can you think of anything difficult abou	ut living in the mountains?

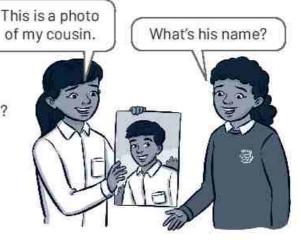
1 -0

Lesson 5

Speaking

- 1 Match to make questions.
 - 1 c What's
 - 2 How old
 - 3 Where does
 - 4 What's his
 - 5 What are

- a favourite food?
- b his hobbies?
- c his name?
- d is he?
- e he live?



2 Now complete the dialogue with the questions from Exercise 1.

- Dalida: This is a photo of my cousin.
- Reem: ¹What's his name?
- Dalida: It's Fares.
- Reem: 2_____
- Dalida: He's 14.
- Reem: 3
- Dalida: He lives in Giza.
- Reem: 4
- Dalida: He loves fish with rice.
- Reem: 5_____
- Dalida: He likes basketball.



Writing

3 Now write about your best friend or a person in your family. Use ideas from Exercise 3 in your Student's Book.

V	/riting
	Busy gymnast gymnastics trains Read about Habiba Marzouk again and complete these sentences. 1 Habiba is a top in Africa. 2 Habiba has no time to lose. She is always 3 Habiba every day in her club. 4 Habiba eats well because is a difficult sport. eading
4	Read and punctuate. My name is omar. nabila is my sister. She lives with me and my family in damietta. Her favourite food is fish. I like cheese. We have the same hobbies. We like swimming! We go swimming on saturday and sunday. My sister plays chess, too. I do not like chess. How old is nabila? She is 12. That is the same as me. I am 12, too.
3	Choose the correct answer.
	1 Nabila likes fish, but Omar likes a fish, too b cheese c chess 2 Nabila and Omar like a swimming b chess c fish 3 Nabila is Omar's a cousin b best friend c twin
V	/riting
Eq.	Write about your usual week. • What do you do every day?
	What do you do in the evenings?
	How often do you do sports?
	AF THE TRANSPORT OF THE

Review



9	 Discount of a rather than the reserve. 	can make all the same opening all table	F	The state of the same files.
	Reorder the letters t	o make words	tor people	in the family
	I COI GCI LIIC ICELCIS L	o mane words	TOI DEGDIC	THE CITE CULTURE

1	gadrfnhetar	grandfather			
3	sincuo				

2 nulce



3 Complete the sentences with a possessive adjective.

his my Our Their your

Munir and Mustafa are twins. ¹ Their sister is called Radwa. ² hobby is tennis and she is my best friend. I live with 3 _____ brother and 4 ____ name is Sayed.

best friend's name?

- 4 Read the passage from your Student's Book page 11 again then circle the correct words.
 - 1 Lamia listens to goes music with her brother.
 - 2 Ali plays/listens to football at school.
 - 3 Khaled goes/plays swimming in a pool nearby.
 - 4 We both play/go basketball at school.



- 5 Read and correct the sentences.
 - Seleem don't play tennis after school. Seleem doesn't play tennis after school.
 - 3 She not go swimming on Saturdays.
 - 5 What his name?
- 2 Does you listen to music?
- 4 You play chess?
- 6 What is her hobbies?

It's my favourite subject

Vocabulary

1 Write the school subjects.

Arabic art computer studies drama English home economics maths music religion science social studies

1		English	2	1+1=2
3	I	4.2000000000000000000000000000000000000	4	
5	(6	ŭ-ų- <u>į</u>
7	53 E	4	8	
9	(S)	***************************************	10	***
11	4	4**************************************	****	
		times in words.		1 10 12 1 2 2 10 10 12 1
1	Contract of the Contract of th	uarter past two / two fifteen		9 3 4 5 4
3		e annuné ngaga ngagaja na unuk annuné ngaga ngaga ngaga katuné anuké (gagaga ngaga	o lla exposes e all sur	4 5 6
4	***************************************			14 FES 10 1 12 1 2 1 1 1 1 2 1 2 1 1 1 1 2 1 2
5	*********	eranne saada ninini usuneeranne saada ninini usuneeranse dadada ninin		9, 3
6	**********	• • • • • • • • • • • • • • • • • • •		6 3

- 3 Answer the questions.
 - 1 Which is your favourite day of the week?
 - 2 What is your favourite subject?
 - 3 What times do you have it?



1	Complete	the	sentences	with	these	words.
---	----------	-----	-----------	------	-------	--------

bell hall library playground typical

- 1 All the children in our school go to the hall when the head teacher wants to talk to us.
- 2 At break, I play games with my friends in the ______
- 3 For homework, we often read books from the _____.
- 4 On a _____ weekend, I visit my grandmother.
- 5 We know it is time for the next lesson when we hear the _____

Language

2 Complete the table with these words.

always never often sometimes usually

****	always			

**				
0				

- 3 Now rewrite these sentences with an adverb of frequency.
 - Amir plays basketball after school on Monday, Tuesday and Wednesday.

Amir often plays basketball after school

2 Mr Badr does not like flying and he always travels by train.

3 Dina goes swimming on Thursday and Saturday.

4 Amir walks to school on Sunday, Monday, Tuesday and Thursday.

5 I have breakfast at 7 o'clock every morning.

Writing

Write about your day and your friend's. Use ideas from Student's Book page 15.

Listening

Listen and match the objects with the people.



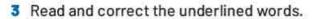
- Dalia and Azza
- 2 the teachers
- 3 Malak
- 4 a Judy



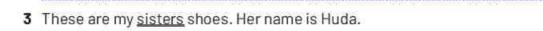


Language

- 2 Now complete the sentences.
 - 1 It is <u>Judy's</u> pen.
 - 2 It is _____bag.
 - 3 It is _____book.
 - 4 It is _____ruler.



- My sister goes to a <u>girl's</u> school.
 - My sister goes to a girls' school.
- 2 This is Alis phone. It's new!



- 4 Those are my brothers jackets. They go to the same school.
- 5 Can you see Kamal's and Amir classroom? It is on the right.

- 4 Which rules do you follow at home? Write a list using always or never.
 - 1 Lalways do my homework before I watch TV
 - 3



1 How many forms of transport do you know? Complete the table.

animal	in a city	on water	in the air
camel	car	boat	

- 2 Read Student's Book page 18 again. Choose the correct word.
 - Some children in Egypt cycle(to) at school.
 - 2 It is healthy / not healthy to cycle to school.
 - 3 The trains are slow, but buses are quick/busy.
 - 4 Some children in Uganda never / always go to school by car.
 - 5 Some children in Uganda go to school in / on a canoe.
 - 6 The canoe takes / drives them to school and back home again every day.
 - 7 Where the boy lives in the USA, there is a lot of rain / snow in winter.
 - 8 The children in the USA take / travel to school on a snowmobile.
- 3 Complete with at or in.
 - 1 We arrived in Luxor two days ago.
 - 2 Ali usually arrivesschool at 7.15.
 - 3 Tarrived _____Uganda last week.
 - 4 In winter, the children arrive _____ the city on snowmobiles.
 - 5 When does the train arrive _____?

Writing

Write about your journey to school. Use ideas from Student's Book page 18, Exercise 5.

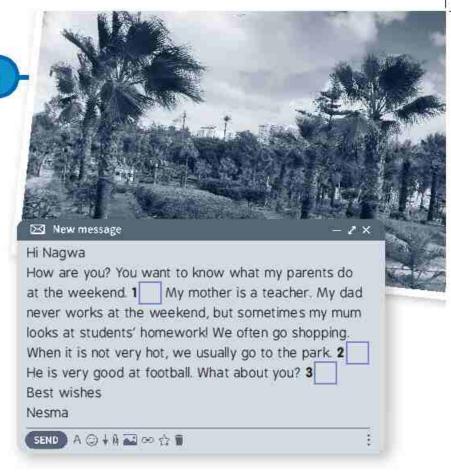


Speaking

1	Pı	ut the dialog	ue into the correct orde	r.
	а	Hatem:	Who's our English teacher this year?	Veterand on Co.
	b	Hazem:	I'm quite good at Maths I'm not bad at Science, too.	
	С	Hazem:	Now. Let's go to the playground.	不
	d	Hatem:	What's your favourite subject, Imad?	
	е	Hazem:	It's Mrs Eman.	
	f	Hazem:	l like English.	
	g	Hatem:	Good, I like Maths. Are you good at Maths?	
	h	Hazem:	We have it today, after t	break. Then we have Maths.
	i	Hatem:	Yes, you're good at Scie	ence. What time is break?
	j	Hatem:	She's a good teacher. A	nd when have we got English?
2	Lo	ook at the gr	aph. Read and number in	n order from best to worst.
	а	quite go		✓ very good at
	b		good at	good at
	С	very goo		good at
	d	not goo		not bad at/quite good at
	e	bad at		not very good at
	f	good at		not good at/quite bad at
W	ri	ting		bad at
3	Ar	nswer the qu	estions.	
	1	√ √ √ What	are you very good at?	***************************************
	2	√ √ What ar	re you quite good at?	
	3	✓ What are	you not very good at?	
	4	✗ What are	you not good at?	*

Reading

- Read the email and write the missing sentences a-c in the right places.
 - a What do you do at the weekend?
 - b My brother always plays football when we go there!
 - My father works with computers.



- 2 Read the email again and answer the questions.
 - 1 Does Nesma's father work on Fridays and Saturdays? No. he doesn't
 - 2 What does Nesma's mother sometimes do at the weekend?
 - 3 What does Nesma often do at the weekend?
 - 4 Where do they usually go when it is not very hot?
 - 5 Who is good at football?

- 3 Write Nagwa's reply to Nesma.
 - Say how you are.
 - · Write what your mother and father usually do at the weekend.
 - · Say what you do with your brothers or sisters.
 - End with a question for Nesma.

***************************************	Remember!
	An email is a simple message sent through the internet.

44444	***************************************

Review

1	Re	ead and match.						
	1	b Arabic		а	We learn	about numb	ers in this les	sson.
	2	art		b	It is the la	anguage of A	rab countrie	S.
	3	computer studies		c	We paint	and draw in	this lesson.	
	4	English		d	We use a	mouse in thi	is lesson.	
	5	maths		е	It is the la	anguage of E	ngland.	
2	Сс	omplete the times.						
	1	2 (1) (2) (3) (4) (4) (4) (4) (4) (4) (4) (4) (4) (4	3		{:∃5	4 (11.12 9 (1.12) 8 (7.5)	12 3 4	
	1	It is twenty to one.		2	It is ten	thr	ree.	
		It is thirty-fivefour.		4	It is	past		
3	Ch	noose the correct answer from a, b	CO	rd				
•		It isvery hot in the sum					- 5	
		a never b sometimes			d	usually)		
	2	Wespeak English durin						
	-			always		often		
	3	We go to school on Frid				Orten)
	J	a never b sometimes			ď	often	The state of the s	
	7.	We go to the beach in v			u .	orten		
	l Test	Control of the Contro		usually	a	sometimes	100000000000000000000000000000000000000	
						Sometimes		
4	Qu	uiz! Can you match the flags and the	e co	untries?	M	76 E		
	1	b Uganda		a	25	ь	<u> </u>	
	2	Egypt					<u> </u>	
	3	England and Scotland		C		d 📉		
	4	the USA		6900000				
5	No	ow make sentences about the flags	s in I	Exercise	4.			
	1	It is Uganda's flag.		2				
	3			4	on a distallating distallating decrees			
				No. 17				

Different people

Vocabulary

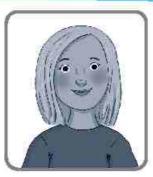
 Complete the descriptions with these words.

> beard blond curly dark glasses hair long moustache short

The woman in th	e first picture h	as got 'long	*********
straight 2	and 3	The	man in the
second picture h	as got 4	5	dark
hair and a 6	************		
The second wom	nan has got sho	7 7	hair.
The second man	has got short of	lark 8	and
- 0			









Language

- 2 Complete the sentences with the correct form of have got.
 - 1 My best friend has got short dark hair.
 - 2 _____your father _____a moustache?
 - 3 All my brothers and sisters _____dark curly hair.
 - 4 Tarek's uncle _____ not ____ a beard, but he ____ a moustache.
 - 5 Have you got dark hair? Yes, I

- 3 Write descriptions of these people.
 - 1 She has got
 - 2





- 1 Choose the correct words.
 - 1 A baby bird is very weak / poor. It cannot fly for many days.
 - 2 A plane is very tall / fast. It can go at 900 km/h.
 - 3 My aunt is very kind / friendly. She always gives me big presents!
 - 4 Camels are very strong / tall. They can carry 200 kilos of bags!
 - 5 How long / tall is the Cairo Tower? It is 187 metres.
 - 6 The Queen of England is very rich / poor. She has got many houses.
- 2 Write the names of two people or things which are:

1	strong	an elephant	***************************************
2	fast) ************************************	\$ NAMES AND SOUTH AND PARTY AND SOUTH AND SOUT
3	weak		\$1888F Addada biribir unun ander Addada biribir ununun ander Addada biribir ununun ander Addada arbiribir de i
4	kind) addidak namanin yanggan dadadar addidak danggan kaddida addidak danggan kaddidak danggan danggan danggan baddidak addidak ad	\$181818 Padada shuhuhi: ululo yukukise Padadad shuhuhi: ululada yakuku i dadada shuhuhi se
5	slow	SERVED ROMAND ACCORDS RECEIVED ACCORDS ACCORDS ACCORDS ACCORDS ACCORDS ACCORDS ACCORDS ACCORDS ACC	***************************************
6	short		

Language

3 Complete the sentences with can or can't.

Mohamed Sal	ah can	score lots of goals and
he ²	run ver	y fast. He lives in England.
He ³	speak E	English, of course. He lived in Italy
for two years,	so he 4	speak Italian, too! He is
famous, so he	5	have a normal life. If he goes
outside, many	people war	nt to talk to him. He is very busy.
He ⁶	take m	any holidays.



4	Write a description of your favourite sports star. Use the expression in Student's Book page 25, Exercise 7.



Language

- Complete the sentences with the correct form of the verb in brackets.
 - 1 Mustafa loves doing (do) art at school.
 - 2 Do you like ____(play) tennis?
 - 3 My brothers and I don't like _____(watch) TV after school.
 - 4 I don't like _____(paint), but I love _____(swim).
 - 5 Does your father like _____(travel) to work?
- 2 Read the blogs and write the questions a-c in the correct place.
 - a Which sport do you like?
 - **b** What do you do in the evening?
 - c What is your favourite subject?



My name is Riham.
My favourite subject at school is Science. I love

learning about how things

I am guite good at Maths.

work. I like doing Maths, too.

I quite like doing sport.

My favourite sport is tennis.

I like playing it with my friends, but I am not very good at it.

I usually go home after school. I do not like playing computer games. After I do my homework, I like reading a book. I like writing stories, too.

Writing

3 Now answer the questions in Exercise 2 to write a blog about you.



1	Ch	Choose the correct answer from a, b, c or d.							
	1	A brave person is happy to do something							
		a	fun.	b	strange.	(c	dangerous.	d	bad.
	2	Д	clever person						
		a	helps people.	b	knows a lot.	C	is unkind.	d	shouts at people.
	3		sensible person makes good decisions.	b	has no time.	С	is very tall.	d	is unfriendly.
	4	Α	busy person is alwa	ys					
		а	talking.	b	walking.	C	doing something.	d	laughing.
	5		e often get angry w are unhappy about something.			С	feel happy.	d	feel hungry.
	6	S	omething scary mal	ke:	s you feel				
		a	sad.	b	bad.	C	funny.	d	frightened.
2	Reading Read Alice's Adventures in Wonderland again and answer the questions Where does Alice go? Why does Alice not understand Wonderland? Why does the White Rabbit always run fast? What does the Cheshire Cat help Alice to do? Why is the Queen of Hearts scary?					and			
W	/ri	ti	ng						
3	De	250	cribe a character in	аł	oook or film.		- 10 - 300 x		
	1	1 What is his/her name?							
	2 Which book or film is he/she from?								
	3	D	escribe him/her usi	ng		- Archienna	om Exercise 1.		1
		and Chill	vooroon tet vinnan ton navitet van vooroon valet van A. P. P. P.		oor oor oo dad aan aa daday waxay ah		and the state of t		emana and an an an empire Harry Web, Children St. Children St. Children St. Children St. Children St. Children

Listening

	-	Control of the Contro	
1	6	Listen and complete the ser	itences.
	1	Nevine loves playing tennis	
	2	Sayed likes	
	3	Maya does not like	but she loves
	4	Rami loves	but he does not like
	5	Lina and Maya do not like	but they like

Reading

2 Match the book reviews to the names of the books. Then write them.



My favourite book is '_______ It is by Robert Louis Stevenson. It is about a brave boy called Jim. He travels in a big boat to an island. It is very far from his home. The boat has got many scary men on it and they all want to find some money on the island. It is very exciting.





3	Now write a review of your favourite book. Use ideas from Student's Book page 29,
	Exercise 4.

	Who is it by?		What happens?
	Who is the main character?		Why do you like reading it?
****		SECTION AND	
****	14 <i>0000</i> 00 140000 140000 14444 140000 14444 140000 14444 170000 1444 1444	*****	**************************************

Language

l	Complete the sentences with and, b	pecause or but.
	1 My sister Lina has got long hair ar	glasses.
	2 Nader has got a wheelchair	he cannot walk very well.
	3 Nasser is not very good at Maths,	he is very good at English.
	4 Osama likes playing football, bask	
	5 I like swimming in the pool	it is nice and cool.
	6 My father is very busy,	
2	Read and match the questions and	the answers
	1 c What food do you like?	a I'm quite short with dark hair.
	2 What do you like doing?	b I'm sensible and kind.
	What do you look like?	c Hike fish with rice.
	4 What are you like?	
	what are you like:	d I like playing basketball.
3	Write about a famous person.	
	Why is he/she famous?	INTERNAL PROPERTY.
	What does he/she look like?	
	What does he/she like doing?	
	What is he/she usually like?	
	What can/can't he/she do?	
		months are also a resistant or a resistant of the second o
	4×200000 40000 400000 000000 200000 400000 400000 0000000 400000 400000 400000 400000	Writing tip!
		Review your text. Make sure
		you use linking words (and, but,
	***************************************	The second control of the second seco

Review

1 Complete the diagram.

beard blond curly dark friendly kind long moustache poor rich short straight strong tall unkind weak



2	Answer	the	questions	for	vou.
			4		,

- 1 What makes you angry?
- 2 Name a brave person. Why is he/she brave?
- 3 Who is sensible in your family? Why?
- 4 What do you think is scary?
- 5 On which days are you very busy?

3 Read and correct the underlined words.

- 1 Magda <u>don't like</u> swimming.

 Magda doesn't like swimming.
- 3 What <u>is</u> your sister look like?
- 5 Noor likes <u>swiming</u> and playing tennis.
- 2 Does Salem like playing computer games? Yes, he do.
- 4 Mustafa loves playing football, but he doesn't like <u>play</u> tennis.
- 4 Describe your brothers, sisters or cousins.
 - What do they look like?
 - Have they got glasses?
 - What are they like?

- What do they like doing?
- Are they the same or different to you? Why?

2 Lesson 7

What does Ali do every week after school? Look at the chart and complete the sentences with a verb and usually, often, sometimes or never.





- Ali usually plays tennis after school.
- 3 He _____friends after school.
- 2 He _____ to the theatre.
- 4 He swimming.
- 2 Listen and circle the correct words.
 - 1 Aya has got short, curly / straight hair.
 - 3 She is good at / not very good at art.
 - 5 Aya's sister is very friendly / clever.
- 2 She goes to a girls' / boys' school.
- 4 She has art at quarter to / past eleven.

3 Read and match the girls with the bags.

Teacher: OK children. It's time to go home. I've got four school bags here.

Magda: Huda's bag has got flowers on it. That's her bag there.

Maya: That's Amal's bag. It has got birds on it.

Nevine: Lina's bag is red. It hasn't got any pictures on it.

Teacher: Good, but I've now got one bag with tennis balls on it. Is it your bag, Magda?

Magda: No, it isn't my bag. I think it's one of the twins' bags.

Teacher: Yes, but which twin, Azza or Dalia?

- 1 b Huda
- 2 Amal
- 3 Lina
- 4 twins



- 4 Read the text again and choose the correct answer from a, b, c or d.
 - 1 Where are they?
 - a in a shop
- (b in a school)
- c at home
- d at a football match

- 2 Who has got a bag with no pictures on it?
 - a Nevine
- **b** the twins
- c Lina
- d Maya

- 3 Who has got a bag with balls on it?
 - a We don't know.
- **b** Amal
- c Magda
- **d** Huda

- 4 What are the twins called?
 - a Huda and Amal
 - **b** Magda and Nevine **c** Maya and Lina
- **d** Azza and Dalia



The twins are called Azza and Dalia. They both like English. Azza loves music and she can play the drums. She doesn't like sports. Dalia loves sports and often plays tennis after school.

	ead about the twins. W ith the tennis balls on	it? Answer	and say w		
A	nswer the questions.	***********	M++ 4/4/4/4 XXXXXX +4MXXX		
1	Which hobbies do yo	u do?	**********	**********	
2	Are they the same as				nd's hobbies?
3	Is it interesting to ha	ve differe	nt hobbies	from your fr	riends' hobbies? Why/Why not?
568	ead and correct the m	nistakes in	these sen	tences.	
1	I doesn't usually liste I don't usually listen				Hudas notebook.
3	You are very good at	STREET, MARKET PROPERTY.		4 Mysist	ter has got tall hair.
5	Basel uses a wheeld don't can walk.	hair becau	ise he	6 'What and kin	does your aunt like?' 'She is clever nd.'
6	Listen and circle the	ne word th	at vou bea	(**************************************	**************************************
1	(uncle)/ ankle		chess/ch		3 goat/coat
4	hall / ball	5	glasses/	classes	
W	rite about your favou	rite chara	cter in a bo	ook.	
	What is the name of character? What are they like?			What oWhat o	do they look like? can they do and what do ke doing?

Lesson₁

Unit

We're using technology

Vocabulary

Write the correct word next to the number.

laptop computer mobile phone MP3 player mouse phone charger printers tablets whiteboard

1	whiteboard	2	* ************
3	***************************************	4	
5	***************************************	6	*************************
7		8	



Language

- 2 Circle the correct words.
 - Is/ Are there a mouse?
 Yes, there is/ are.
 - 2 Is there a / an MP3 player? Yes, there is / are.
 - 3 Is there a / any teacher? No, there isn't / aren't.
 - 4 Are there a / any tablets? Yes, there is / are.
 - 5 Is / Are there any printers? Yes, there is / are.

3 Look at the picture and complete the sentences with these words.

behind in front of near next to under

- There is a mouse <u>near</u> the laptop on the teacher's desk.
- 2 There is an MP3 player _____the laptop.
- 3 There is a phone charger ______ a printer.
- 4 The whiteboard is _____the teacher's desk.
- 5 There is a tablet _____a book.

Writing

Write a description of your classroom. What does it look like? What do you do there? Where is it?



4

Lesson 2

CLICK - Str

Vocabulary

- Circle the correct words.
 - Click/ Write on the icon on your laptop.
 - 3 We can make / send a video call to your cousins in England.
 - 5 Tap / Click the icon on your mobile phone.
 - 7 A blog is a/an online / paper dairy.

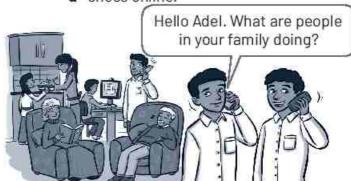
- Look / Tap at the website and find some information.
- 4 Can you take / send me a text message when you arrive?
- 6 I'd like to take / make a selfie in front of the river.
- 8 They used a mobile phone / 3D printer to make a plastic model.

Language

- 2 Match to make sentences.
 - 1 d I'm playing
 - 2 Fares is doing his
 - 3 They're looking
 - 4 She's sending
- 3 Complete the sentences with the correct form of these verbs.

do make read send sleep talk

- a at websites for information.
- b computer studies homework.
- c you a photo now.
- d chess online.



- 1 Grandma is reading a book.
- 3 Mum and my sister _____a cake.
- 5 My brother homework.
- 2 Grandpa _____in his chair.
- 4 Dad _____not ____a text message.
- 6 1 _____to you!

Writing

4 What are people in your family doing at the moment?

My mother is working in the bank.

Listening

1	Read the conversation between Leila and Judy.						
	Correct the mistakes. Listen and check your answers.						

Judy: Hi Leila. Where are you?

Leila: Hi Judy. I'm on in the park with my family.

Judy: What is 2_____you doing there?

Leila: I'm sit 3 under a tree. It's very sunny.

Judy: Is 4 your brothers sitting too?

Leila: No, they aren't. They're playing football.

Judy: Is your dad play football with them?

Leila: No, he isn't. He's not here. He's working today. But my Uncle Hassan is playing football!

Judy: What're s your mother doing?

Leila: Er, wait ... here she is. She's bringing me a drink of water. Thanks Mum!

Language

2	Reorder	the	words to	make	questions.
---	---------	-----	----------	------	------------

1	sitting / ls / teacher / your / down?	Is your teacher sitting down?
2	working? / Are / students / class / the / in / your	

3 you / a / using / Are / tablet?

4 writing / you / an / Are / email?

3 Now answer the questions in Exercise 2.

1 No she isn't She is standing up

3 ______

4

4 Read the answers. What are the questions?

1 No, I'm not. I'm wearing black shoes.

Are you wearing brown shoes?

2 I'm going to the shops.

3 Hala's writing an email.

4 No, he isn't. My father never works on a Saturday.

1 Complete the table with the words in the box.

animals birds
computer studies
eagle flowers insects
laptop mobile phone
sky video call
video game website

nature	technology	
animals		

Language

2 Look at the picture. Complete the text with the words in the box.

are flying not park playing sitting taking there

In this pict	ure, there is a big	park	
There 2	lots of flo	wers and insects and	
3	is a big tree. A g	irl is 4unde	r
the tree. H	er mother is 5	a photo of her.	
Her father	is ⁶ sitt	ting under the tree.	
He is 7	a kite! The	girl's brothers are	
8	tennis.		



Writing

3 Now write a description of this picture. What is there? What are the people doing?





4 Which do you like more, nature or technology? Write a paragraph and say why.

44444 APPAPA 14422-1444A 14444 APPAPA 144442-14442-1444 APPAPA 14444-1444-14444-1444 APPAP 14444-1444	

Writing tip

Review your paragraph for spelling and grammar mistakes.

Language

Read and correct the underlined words.	
How to make a cup of tea:	
1 First, putting some water in a kettle.	First, put some water in a kettle.
2 Boils the water.	
3 To put the hot water in a cup with a tea bag	J
4 Taking out the tea bag.	
5 Then, drinks the tea.	
How do you send a text message? Match to m	nake instructions.
1 c First, tap	a your message.
2 Tap the name	b the SEND icon.
3 Write	c the messages icon.
4 Then tap	d of the person.
Complete the sentences with the words in th	e hox
buy come go help send take	o box
TOTAL MANAGEMENT OF THE PARTY O	
Mum: 1Come here, please Ali. Ali: Yes, Mum. What is it?	
Mum: Stop playing on your phone and lister	to me.
I need you to do something.	
Ali: Yes, OK. What do you want me to do?	
Mum: Please 2 to the shop, 3 to the shop, 3	sther's bayes
sugar, 4it to your grandmo	other's nouse,
me a text message when you want to	
Vriting	
vriting	
Now write instructions for how to make a cup	of tea. Use ideas from Student's Book page
41, Exercise 3.	
************************************	***************************************
4. 1111-1111-1111-1111-1111-1111-1111-11	

Vocabulary

Complete the crossword.

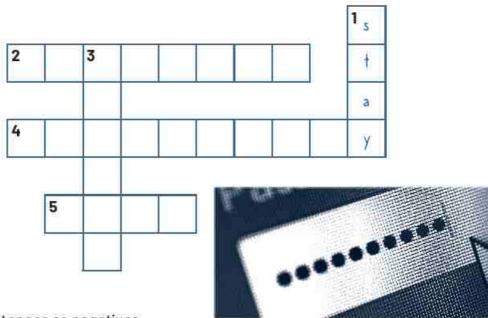


D	o	W	n	1	
-				- 700	₽.

- 1 It is important to _____safe online.
- 3 Something you do not want to tell people.

Across -

- 2 A word or numbers you use to go onto a website.
- 4 Computers and mobile phones are examples of this.
- **5** Don't _____ photos to people you don't know.



Write these sentences as negatives.
Tick (*/) the negative sentences you agree with.

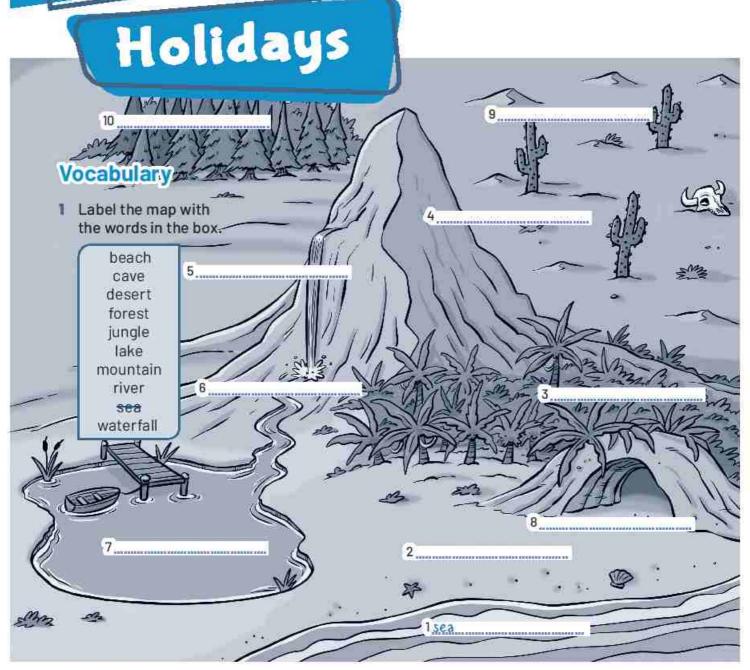
- 1 Ask before you go online.
- 2 Tell people your password.
- 3 Talk to people you know online.
- 4 Tell people online your telephone number.
- 5 Ask your teacher about good websites.
- 6 Eat when you use a computer.

Don't.	sk.bef	arexou	.goon	ine		1
************	************	**********	************		************	
******	*********		**********	*******	***********	

** ****** ****	*******	*******		******	*****	

Review

1	Match to make words for technology.	Which is one word?
	1 c phone	a player
	2 aptop	b board
	3 mobile	c charger
	4 MP3	d computer
	5 white	e phone
2	Complete the dialogue with these wo	rds.
	doing looking using watching	writing writing
	Nasser: What are you 'doing, Mazin?	
	Mazin: Hi, Nasser. I'm 2	our new tablet.
	Nasser: Are you ³	an email?
	Mazin: No, I'm not. Look. Can you s	
	Nasser: Oh yes. Are you 4	a film?
	Mazin: No, I'm not. I'm 5	at information for our homework.
3	Answer the questions for you.	
	1 Who or what is behind you?	their plants and their plants are their plants and their plants are their plants and their plants are the pl
	2 Who or what is in front of you?	
	3 Who or what is next to you?	
	4 What is under your desk?	
	5 Where is your best friend?	
4	Write a paragraph about how you sta	safe online.
		Writing tip
		The first sentence of a paragraph is called the topic sentence . The topic sentence presents the main
	**************************************	important. We can stay safe online



Writing

2 Look at the map. Where would you like to go? Where would you not like to go? Why? Use expression from Student's Book page 47.

1 Write the words. Use all the letters. Then match the verbs with the nouns.

1 imbcl = <u>climb</u> - 2 aet = ______ 3 veha = _____

S HERDS SOURCE SOURCE SOURCE SOURCE SOURCE

a a bike

b a picnic

c in a tent

-d a mountain

e in a lake

f delicious food

Language

4 idre

6 misw

5 epsle =

2 Complete the sentences with the past simple form of the verbs in brackets.

Hi Eman,

Last summer, my family ¹had (have) a fantastic

holiday in Morocco. We ² (visit) a big beach

and then we ³ (sleep) in a nice hotel. We

4 (not swim) in the sea. It ⁵ (not be)

very warm! But I ⁶ (ride) on a camel. That

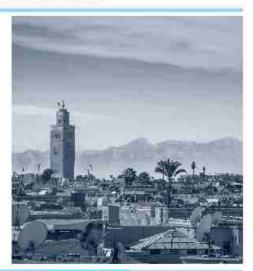
7 (be) fun. We ⁸ (visit) a city called

Marrakesh, too, and we ⁸ (go) to a museum.

We also ¹⁰ (eat) some delicious food.

Write soon.

Hana



3 Write these sentences using the past simple.

1 There are camels on the beach.

2 He goes into the cave.

3 Mona's father climbs a mountain.

4 I don't sleep in caves.

5 Sami doesn't like playing football.

Writing

Write a paragraph about last weekend. What did you do? What did you not do? Use expressions from Student's Book page 47.

.......

2

3

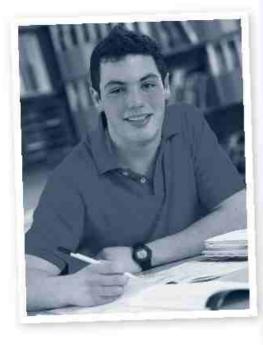
4

Vo

00	abulary	
Re	ead and match the	words with their meanings.
1	d camp	a a place to stay for a holiday.
2	castle	b a friendly sea animal.
3	dolphin	c something you buy to remember a holiday.
4	holiday flat	d sleep for a time in a tent.
5	souvenir	e what you can see from a place.
6	view	f a big, strong building from the past.
ar	nguage	
Re	eorder the words t	o make questions.
1	Where / on / holid	ay/last/go/year/you/did/? Where did you go on holiday last year?
2	you / did / Where	/ stay / ?
3	there / travel / did	/ How / you /?
4	a / mountain / Did	/ climb / you / ?
5	eat / What / you /	did / ?
6	Listen and chec	sk your answers to Exercise 2.
No	ow answer the que	estions in Exercise 2.
1		
2	***************************************	
3	***************************************	
4	************************	
5	***********************	

Language

 Complete the email with the past simple form of the verbs in brackets.



2 Answer the questions about Andy's email.

⊠ ı	lew message — 🗸 ⊃	×
want scho I 4 Cairc	summer, I travelled (travel) to Egypt because I sed to learn Arabic. I 2 (go) to a languag ol in Cairo. I 3 (have) a wonderful time. (be) there for two weeks. The people in (be) very friendly. Now I have many friends.	(e
When	n I first went to the language school, (not be) very good at Arabic. But the ners ⁷ (help) me, and the lessons (be) fun. Now I can talk to my new friends	
souv 10 What Write	o's shops are fantastic. I a	
SEND	D A ⊕ I B ≅	101

1	Where did Andy go last summer?	He went to Egypt
2	Why did he go there?	
3	Did he like the people in Cairo?	
4	What did the teachers do?	***************************************
5	What did he buy?	

Writing

6 What did he enjoy?

3	Answer Andy	's	question:	What	did	vou do	last	summer?	Think	about:
•	Allower Allay		question.	FFEE	aid	you do	100	Julillion.	1.1111111	about.

	Why did you go there?	• Who did you go with?	What did you enjoy?
(60.0)	PAPE 2 MARKE MARKET AND	***************************************	
••••	***************************************	***************************************	***************************************
****		***************************************	
****		***************************************	***************************************

Language

-		gaage	<u> </u>					
(Co		he sentences interesting		White-	THERMAL	the box.	Wow!
L	la		ent to the bear	200			and the same of th	VV O VV .
			ally?		· VVCC	norra.		
			en we arrived,		sver	v wind	v.	
			011 110 211110 21		- 2	, ,,,,,,	y	
			didn't want to			e sea.		
L	in	a: Wh	at a 3	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,				
ŀ	la	nan: The	en the wind sto	pped	and	we we	nt on a bo	at trip.
L	in	a: Ho	W ⁴					
			saw six big do	lphins	s!			
			en my brother'	1000	ne fel	l in the	e water.	
			6			ann tha Mark		en pri M arantano di
			e phone was 0			ew pno	ones can ç	jo in wa
Ţ	.11	a: Tha	et's 7	*************	ma*			
2 F	₹e	ply to the	e following usi	ng exp	oress	ions f	rom Exer	cise 1.
1		l have tic	kets to see th	e new	play	at the	theatre!	************
2	2	Hamdi w	ent to the sho	ps to b	ouy ri	ce, bu	t the shop	wasc
3	5	There is	a good film on	TV th	is ev	ening.	******	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
4	•	My favou	rite football te	am w	on 5-	0!		****
			rite football te				Aphre consessed and	ntint. Disphysicano
		3.50				C.S.		
Wr	it	ting						
8 F	١-,	sw o oign	for a rule that	5				
		-	for a rule that ould follow.	Ê				
1		Describe	this sign.					
2			es it mean?					
-		wiiacuo	es it mean:					
22	7777				******			

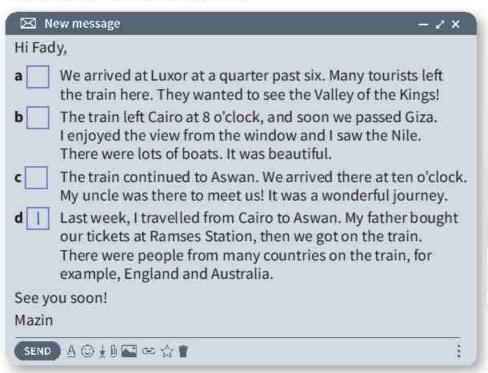


Language

- Complete the sentences with examples.
 - 1 Ali plays lots of sports, for example, tennis and football.
 - 2 We ate a lot of new things at the cafe, for example,
 - 3 There were a lot of souvenirs at the market, for example, ______.
 - 4 Judy saw many things from the top of the tower, for example, ______.

Reading

2 Put the email into the correct order.





Writing

3 Write an email about a journey you did.

5

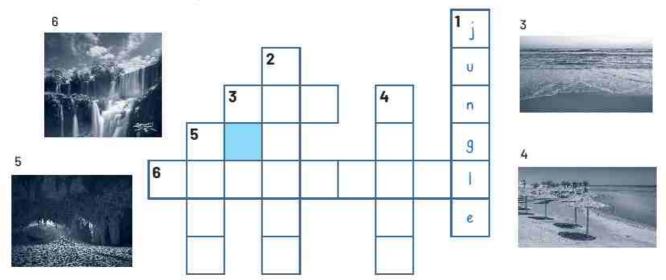
Lesson7

Vocabulary





1 Write the words for the pictures.



Language

2 Complete the answers, then match the questions and answers.

my cousins.
. It was fun!
exandria.
It was windy!
of fish.
e

Writing

- 3 Answer the questions about you.
 - What time did you go to sleep last night?

 What did you eat for breakfast this morning?
 - 2 What did you eat for breakfast this morning?
 - 3 How did you travel to school?
 - 4 Who did you talk to at break?
 - 5 Which lesson did you have before English?

Lesson1

Unit 6

Let's eat!



Vocabulary

rcs		4 gifs 6 stnu 8 erspp 10 alsad	p e	
uuhs		4 gifs 6 stnu 8 erspp 10 alsad 12 garsu	p e	
uuhs		6 stnu 8 erspp 10 alsad 12 garsu	p e	
lvit			p e	
rais t of the food in E		10 alsad 12 garsu		
of the food in E		12 garsu	*****************	
of the food in E				
	xercise 1 do yo	u like? Which don't y	ou like?	
000				
ige				
te the senten	ces with is/are,	some or any.		
there any	nuts in the	cupboard? Yes, ther	e are	-
e	milk in th	e fridge, but there	not	, hummus.
there	salt? Yes, t	here		
enot	olives	at the market today.		
there	apples on t	he tree this year? N	o, therer	iot.
	there any there any there not	there any nuts in the milk in	milk in the fridge, but there there salt? Yes, there not olives at the market today. there apples on the tree this year? N	there any nuts in the cupboard? Yes, there are milk in the fridge, but there not salt? Yes, there not olives at the market today. there apples on the tree this year? No, there recommends

Lesson2

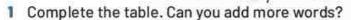
V	OC	abulary				No. of Lot		
1	Ch	noose the correc	t answer fr	om a, b, c o	or d.		B	
	1	Which of these i	s not an in	gredient?				Cas
		a rice	b nu	ts	c	raisins	d stir	
	2	Which of these i	s the small	est?				
		a 1/2	b 1/4		C	1	d 11/2	
	3	Which of these i	s not a coo	king verb?	6 7 5			
		a pudding	b bo	il	С	stir	d add	
	4	Which of these	can you bo	l water in?				
		a saucepan	b te	aspoon	С	bowl	d cup	
L	ar	nguage						
2 Read and correct the sentences.								
1 Rice pudding is easy to make because there is not a lot of ingredients					fingredients.			
Rice pudding is easy to make because there are not a lot of ingredients 2 I don't like this tea. There is too many sugar in it! 3 There aren't enough milk to make hot chocolate. 4 There are too much people in the market today.								

	5	We don't need to	share bed	ause there	e are end	ough rice for	r everyone.	******
3	Сс	omplete the text	with a lot o	f, enough,	too muc	h or too mai	ny.	***************************************
ľ	pl	ates for people to	eat on, but	she does no	ot have 3		people. She has ² chairs, so her friend brings	

4_____fish and rice. She decides to ask five more people, but they can't all sit down.

There are 5 _____people and not 6 _____ chairs!

Vocabulary



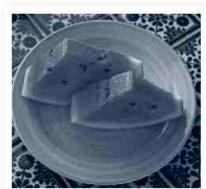
apples beans biscuits cakes chocolate crisps fruit oranges peppers

healthy	unhealthy
apples	

Language

2 Complete the sentences with the correct words.

- a piece of two pieces some
- 1 Karim often has a snack before he goes to bed.
- 2 Can I have a _____ cake, please?
- 3 There is _____milk in the fridge.
- 4 Hassan always eats _____ of fruit at lunchtime.
- 3 Choose the correct words.
 - We should / shouldn't eat too many crisps.
 They have too many / much salt and fat.
 - 2 We should / shouldn't eat too much cake. It has too many / much sugar in it.
 - 3 We should / shouldn't eat lots of fish. It doesn't have a lot of / enough fat in it.
 - We should / shouldn't eat too many biscuits. They usually have too many / much sugar in them.
 - 5 We should / shouldn't drink too much fruit juice. It can have a lot of / enough sugar in it, too.
- 4 Complete the advice with should or shouldn't.
 - 1 You should always clean your teeth before you go to bed.
 - 2 Lama feels ill. She _____ see a doctor.
 - 3 The saucepan is very hot. You _____touch it.
 - 4 You _____always wash your hands before you eat.
 - 5 Hany _____eat snacks in the classroom.





6

Lesson4

Vocabulary

 Complete the map with these countries.

Egypt
Kenya
Morocco
South Africa
Zimbabwe



Listening

2 Listen and tick (✓) the ingredients for shepherd's pie.

Shepherd's pie

Meat

Chocolate

Fish

Carrots

Ice cream

Potatoes

Vegetables

3 Complete the table.

amazing bad for you delicious good for you great healthy not nice unhealthy wonderful

Food adjectives	Food adjectives
amazing	

Writing

Write about your favourite food. Use ideas from Student's Book page 60



112

Lesson 4

Language

- Put the dialogue in the correct order.
 - a | | Customer: Hello. Have you got any pizzas?
 - b Waiter: Is that everything?
 - c Customer: Yes, thank you.
 - d Waiter: We've got chicken or cheese and tomato.
 - e Customer: I'd like chicken, please.
- Now complete your own menu.



Food					
*************	**************	**********		 L	Ę
ии непра спипра плин	*************	******	прация	 L	E
ER 44834 (RERS# REES	************	******	практича" * * * *	 ا	Ę.,,,,,,,,,
	*****	******		 1	Ę
Drinks					
				 L	E,
*******		*****	73 2002-0	 L	E

- 3 Choose things from your menu to complete the dialogue.
 - Waiter: Hello. What would you like today?
 - You: Hello. Have you got any _____?
 - Waiter: Yes. Small or large?
 - You: _____, please.
 - Waiter: What would you like to drink?
 - You: I'd like some _____, please.
 - Waiter: Anything else?
 - You: No, thank you. How much are these?
 - Waiter: That's ____ pounds, please.
 - You: Thank you, here you are.



4 Practise reading your dialogue. Find a partner to practise with.



Lesson 6

Reading





a [We then all had Egyptian Rice Pudding. There was not a lot of sugar in this recipe and it was not too sweet or unhealthy.
o [I had my favourite meal, Koshari. I love Koshari, but this was different than usual. It was delicious. My family and cousins all had fish from the sea! We all liked our food.
e [It was a wonderful meal and I would like to visit this café again (one day)!
] b	I want to write about an amazing meal I remember. I visited my cousins in Damietta last summer with my dad, mother and sister. They took us to a café for lunch. It was near the beach and it had big windows. (It was wonderful watching the boats on the water.)

2 Read this review. Circle the topic sentence. Underline the supporting sentences.

A meal which I always remember is fish and rice at a great restaurant in Alexandria. I went there with my family. The restaurant was very near the sea so the fish was very fresh. We chose the fish and the chef cooked it for us. My parents ate their favourite fish and my brother enjoyed watching the boats on the sea. I hope we can go back to the restaurant again soon.

<u> </u>	******

RRENER REFERE NORTH OF CREEK REFERE REFERE NORTH OF CREEK REFERE REFERE NORTH OF CREEK REFERE NORTH OF CREEK	******

44444.00000.00000.00000.00000.00000.00000.0000	Haranahahah

3 Write a review of a meal you remember.

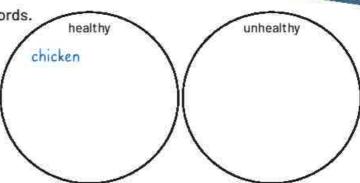
Writing tip!

- · Use a topic sentence, e.g. I want to write about an amazing meal.
- Use supporting sentences, e.g. My cousins took us to a café for lunch. It was near the beach. I had my favourite meal, koshari. It was delicious.

Review

Complete the diagram with these words.

biscuits cake chicken crisps fish nuts peppers rice salad



2 Choose the correct answer.

- 1 There ... figs in the cupboard.
 - a is any
- **b** are any
- aren't any
- d aren't some

- 2 There ... cheese in the fridge.
 - a is any
- **b** are any
- c are some
- d is some
- 3 I don't like these cakes because they have ... sugar in them.
 - a too much
- **b** too many
- c enough
- d lots
- 4 There is not ... rain for orange trees to grow in the desert.
 - a too much
- b too many
- c enough
- d lots
- 5 There are ... people on the beach today. Let's go to another one.
 - a too much
- b too many
- c enough
- d lot of
- 6 Let's go to the shops. There is ... time before our train leaves.
 - a too much
- b too many
- c enough
- d many

3 Read and correct the mistakes in these sentences.

- 1 You should eat too much chocolate. You should not eat too much chocolate.
- 2 You should to clean your teeth in the morning.
- 3 You don't should eat crisps before a meal.
- 4 Laila feels ill. She should sees a doctor.
- 5 Ali should not to talk in the Maths.
 - lesson.



Write a paragraph about a healthy meal you had.



2		football match / play. or Speaker three says you shouldn't add 4 S	b talking about a holiday d giving advice peaker two wants a small / large range juice. peaker four ran / swam every day on er holiday.
	2600	ead the email and complete Judy's shopping list.	
HTCFostbpcMM	he ive child hai lea	dudy, a family party is on Saturday. There are ten people. In you help me and buy the shopping? The people like chicken. The dren like fizzy drinks, but they aren't healthy. So, can have orange juice. Four bottles is enough for children. We can all drink water, so we need eight ties. Buy some tea, too, please. The shops and then check we have enough iris. The shops are the shops and the shops and then check we have enough iris.	1 <u>fish</u> 2 3 4 bottles of 4 8 bottles of 5
10.2	Ju	udy lost Mona's email. She went to the shops and	a figure a constant a constant figure a constant figure a constant a constant a constant a constant a constant
	sh 1 2	he is at home. Write sentences with (not) enough, There are eight chairs. There are not enough chairs. There is chicken for three people.	too much or too many.
	3	There is one bottle of water.	
	4	There is fish for seven people.	## \$1666 \$466 \$466 \$466 \$466 \$466 \$466 \$46
	5		de autobra annos annos deduca autobra annos annos deduca atobra annos annos deduca atobra.
110	6	Section (A. Section) and a section of the section	de autobe vander annous stadoe autobe vander annous dadada utobe vander annous stadada utobe v



5 Complete the sentences with the correct 6 Complete the sentences with words in the box.

behind delicious sandcastle scary unhealthy

- 1 I can't see my best friend because he is behind me in the classroom.
- 2 We love this chicken and rice. It is
- 3 The children went to the beach and made a ______.
- 4 You shouldn't eat those crisps because
- 5 My little brother didn't like that story. He said it was _____.

the correct past simple form of the verbs in the box.

> look make send take

- In our lesson this morning, we looked at a website and talked about what we found.
- 2 I didn't _____ you a photo of our hotel because my phone didn't work.
- 3 When did you _____ a video call to your cousins in Canada?
- 4 She on the icon and then wrote an email.
- 5 The tourist _____ a selfie in front of the Pyramids.
- 7 What are the people doing? Complete the sentences.





Look at these photos of my holiday. This is my	family. We ¹ are having a picnic on the
beach. That is my little sister. She 2	a sandcastle. That is my big brother. He
a bike. Look at my cousins! They	in the sea. In this photo, my
uncle 5 a mountain. And that is me!	in a tent.

- 8 Write about healthy and unhealthy food.
 - Introduce the topic.
 - · Say what food you buy in the shops.
 - · Give your opinion: is the food you buy healthy or unhealthy?

Writing tip

Make sure your paragraph has clear, simple sentences.

Give a reason for your opinion and say what people should or should not do.

4. STATUTE STATUTE AND ADDRESS AND ADDR

End of Term Practice

End of Term Practice

A Listening

1	Listen and choose the correct an	swer from a, b, c and d:									
	1 Shorouk goes to school										
	a alone	b with Lubna only									
	c with her mother	d with Lubna and Alaa									
	2 Shorouk is in stage.										
	a nursery b preparator	y c secondary d university									
	3 Shorouk's parents work in										
	a the same place b different p	laces c the same school d a factory									
	4work in a hospital.										
	a Alaa's parents b Lubna's pa	rents c Shorouk's parents d No parents.									
В	Language Functions										
2	Complete the following dialogue: (Ne	ssma and Reem go to the school library)									
	Reem: Good morning, Nessma, when	will we start doing our research?									
	Nessma: During the break.										
	Reem: Great. Where (1)	?									
	Nessma: In the school library.										
	Reem: Are (2)?										
	Nessma: Of course, I'm ready.										
	Reem: Is it easy to find the books we need?										
	Nessma: (3)										
	Reem: Who will help us there?										
	Nessma: (4)										
	Reem: I hope (5)	J									
C	Reading Comprehension										
7	Read the following, then answer	in the second se									
3	the questions.	F18 F1									
	What are Mona's favourite subjects	r always work flatu at scribot. Try favourite subjects are science									
	2 Why does she want to speak English?	other children in different places. My teacher is very good, but lalso like to use technology. Luse a tablet to practise my English.									
	3 Is Mona right to use technology? W	I see that the second of the s									
	4 The underlined word it refers to	1 2 3 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4									
	a Cairo b technology	Fig. 10 and 10 a									



	5	Where is Mona now?						
		a In Egypt	b	In England	C	In Uganda	d	In England
	6	What does Mona use	to	practise her Englis	h?			
		a Hertablet	b	Her phone	С	Her laptop	d	a and b
	7	Mona goes to summe	rs	chool by				
		a taxi	b	train	С	bicycle	d	car
D	٧	ocabulary and Stru	ct	ure				
4	Ch	noose the correct ans	we	r from a, b, c or d.				
	1	There are too	pe	ople on this beach.	Le	t's go to a different	or	ne.
		a many	b	much	С	enough	d	few
	2	My uncle is very	1	He chooses things v	vis	ely.		
		a strong	b	tall	C	fast	d	sensible
	3	I love actingis	s n	y favourite schools	sul	oject.		
		a Drama	b	Maths	С	Computer studies	d	Art
	4	The Egyptian footbal	te	am arrivedL	lga	anda two days ago.		
		a in	b	at	C	for	d	from
	5	On a weekend	0	mar reads books at	th	e club library.		
		a tropical	b	physical	C	spicy	d	typical
	6	Ahmed likes history b	ec	ause he loves	ć	about the past.		
		a learns	b	to learning	С	learning	d	learnt
	7	My father and mothe	r ai	re my				
		a grandchildren	b	parents	C	cousins	d	daughters
	8	The tourists are		a selfie next to the l	Riv	er Nile.		
		a touching	b	drawing	С	relaxing	d	taking
	9	Tom is writing about	his	weekend in his onl	ine			
		a 3D printer	b	diary	C	mouse	d	laptop
	10	Why don't we:	SW	imming next week?				
		a go	b	do	C	make	d	see
5	Re	ead and correct the ur	nde	erlined words.				
	1	What do you have for	br	eakfast yesterday?	****			
	2	There are too much s	alt	in this recipe.	1000			**************************
	3	Amr shouldn't drink t			*****			
	4	Gymnastics are my fa			****		****	
		. * /Tik Usa C. 600			070		oc distil	

E Writing

5

6 Write an email of 70-80 words about a typical day in your life.

Irregular verbs

Present simple	Past simple
be (am/is/are)	was/were
begin	began
build	built
buy	bought
catch	caught
choose	chose
come	came
drink	drank
drive	drove
eat	ate
find	found
forget	forgot
get	got
give	gave
go	went
have	had
hear	heard
keep	kept
learn	learnt
make	made
meet	met

Present simple	Past simple			
put	put			
read	read			
ride	rode			
ring	rang			
run	ran			
say	said saw			
see				
send	sent			
sit	sat			
sleep	slept			
spend	spent			
swim	swam			
take	took			
tell	told			
think	thought			
understand	understood			
wake	woke			
wear	wore			
win	won			
write	wrote			

Glossary

3D printer (n) [U4]: a machine that can print documents in 3D from a computer

a

add(v)[U6]: put something together with another thing

adventure (n)[U1]: an exciting activity

angry (adj) [U3]: very cross

Arabic (n)[U2]: the main language of Arab people

art (n) [U2]: painting and drawing

attic (n)[U1]: the top room in a house

aunt(n)[U1]: your mother's or father's sister

b

band (n) [U1]: a group of people singing and/or playing musical instruments together

basketball (n) [U1]: a ball sport for two teams of five players. To play basketball, you throw the ball through a net.

beach (n) [U5]: the area of sand or small stones in front of the sea

bean (n) [U6]: a long, narrow green vegetable that you usually eat cooked

beard (n) [U3]: hair that grows on a man's face or chin

bell(n)[U2]: an object that makes a noise when you ring it. The bell rings at the end of the lesson.

bike (n) [U5]: a bicycle. Let's ride our bikes in the park.

biscuit (n)[U6]: a sweet snack baked in the oven, usually small, flat and round

blond (adj) [U3]: yellow or light brown hair

boil (v) [U4]: if you boil water, it is very hot and bubbles

brave (adj) [U3]: not easily frightened

break(n)[U2]: the time at school when you do not have lessons

brother(n)[U1]: a boy or man with the same parents as you

busy (adj) [U1]: spending a lot of time doing things

C

cake (n) [U6]: a sweet food that you bake in the oven

camel (n) [U5]: a desert animal of Africa and Asia with a long neck; people can ride it

camp (v)[U5]: sleep outside in a tent

canoe(n)[U2]: a small, narrow boat for one or two people

carrot (n)[U6]: a long, narrow, orange vegetable that grows in the ground

castle (n)[U5]: a large, old building with towers. Long ago, the King and Queen lived in this castle.

cave (n) [U5]: an opening in a large rock or mountain

character(n)[U3]: a person in a book or film

charge (v)[U4]: increase the power of a battery

cheese (n) [U6]: a yellow, white or orange food that is made from milk

chess (n)[U1]: a board game for two people

chocolate (n) [U6]: a sweet food that is made from cocoa beans

cinnamon (n) [U6]: a sweet spice used in cooking

- city (n)[U1]: a place with lots of houses, shops and people
- clever (adj)[U3]: good at learning things
- click (v)[U4]: press a mouse or icon to make something happen on a computer
- computer studies (n): the subject for learning how to use a computer
- crisps(n)[U6]: hard, dry potato pieces that
 you eat as a snack
- cup (n)[U6]: something you can drink from, about 250 ml.
- curly (adj) [U3]: hair that has turns. Her hair isn't straight. It's curly.
- cycle (v)[U2]: ride a bicycle

d

- dad(n)[U1]: another word for father
- dark (adj) [U3]: brown or black
- daughter (n) [U1]: a girl child. Mr Badawi has a daughter called Amal.
- delicious (adj) [U5]: tasting very nice
- desert (n)[U5]: a very dry place where it does not often rain
- dolphin (n) [U5]: a grey sea animal that is very clever and can jump high
- drama(n)[U2]: the subject of how to learn about acting
- drums(n)[U1]: a musical instrument you hit
 with your hands or a stick

е

- eagle (n) [U4]: a large bird that can fly high and see very well
- email(n)[U4]: a letter or message you send on a computer
- English(n)[U2]: the language of England, the USA and many other countries
- equipment (n) [U6]: the things you need to do an activity

Europe (n) [U3]: a continent. France, Germany, Italy and Spain are some of the countries in Europe.

f

- fat (n)[U6]: natural oils in food. Butter contains a lot of fat.
- fig (n) [U6]: a sweet fruit with a purple skin that is very soft inside
- fizzy drink (n) [U6]: a drink that has bubbles and a lot of sugar
- flag (n) [U5]: the colours of a country on a piece of material
- football match (n) [U1]: a game of football
- forest (n) [U5]: a large area with lots of trees close together
- fridge(n)[U6]: a machine that keeps food and drink cold
- friendly (adj) [U3]: behaving in a way to people that shows you like them
- fruit juice (n) [U6]: the liquid from a fruit that you can drink. I'd like a glass of fruit juice, please.

g

- game(v)[U5]: an activity or competition that you play with one or more people
- glasses (n) [U3]: what you wear over your eyes to help you see better
- goal (n) [U3]: when you win a point in e.g. football. Our team got three goals!
- goat (n)[U1]: a mountain animal you can eat or get milk from
- grandfather(n)[U1]: your mother's or father's father
- grandmother(n)[U1]: your mother's or father's mother
- gymnast(n)[U1]: a person who does gymnastics
- gymnastics(n)[U1]: a sport which has a lot of different skills, such as jumping

h

- hall (n) [U2]: a large room where people can meet together
- holiday flat (n) [U5]: an apartment you can stay in for a holiday, usually near the sea
- home economics (n) [U2]: the subject for learning about cooking and skills for the home
- hotel (n) [U5]: a building where you can pay for a room to sleep in for a night or longer
- hummus(n)[U6]: a soft food made from chickpeas

f

- icon(n)[U4]: a small picture on a computer screen
- ingredient (n) [U6]: something you use to make food

i

jungle (n) [U5]: a tropical forest with lots of plants and trees

k

- kettle (n)[U4]: a machine in the kitchen that makes water hot
- kind (adj) [U3]: wanting to help and be good to people

1

- lake (n)[U5]: a large natural area of water, with land all around
- laptop computer (n) [U4]: a small, light computer that you can carry easily
- late (adj) [U3]: arriving after the correct time. The bus was 20 minutes late today.
- library (n)[U2]: a place where you can borrow or read books
- long (adj) [U3]: not short

m

- mobile phone (n) [U4]: a small phone that you can carry with you
- mountain (n) [U5]: a high area of land, higher than the land around it. I climbed a high mountain.
- mouse (n) [U4]: an object you move so that you can read and write on a computer screen
- moustache (n) [U3]: hair that grows above a man's top lip
- MP3 player (n) [U4]: a machine that can play music
- mum (n)[U1]: another word for mother

n

- nature (n)[U4]: the plants, animals, land, sea, etc. around us

O

- olive (n) [U6]: a small, green or black fruit that you eat, or use to make oil
- online (adj)[U4]: using the internet
- orphan (n) [U1]: a child with no mother or father

D

- password (n) [U4]: a special word or letters that you write before you can use a computer or website
- pepper (n) [U6]: a green, red or yellow vegetable that you cook or eat in a salad
- phone charger (n) [U4]: you use a phone charger to increase the battery power of a mobile phone
- picnic (n)[U5]: a lunch that you prepare yourself to take on a trip and eat outside

- playground(n)[U2]: a place outside where children at school can play
- pomegranate(n)[U6]: a round, red fruit with a thick skin and many large, red seeds
- printer (n) [U4]: a machine that can print documents from a computer

q

queen (n) [U5]: a woman who rules a country

F

- raisin(n)[U6]: a small, dry grape
- recipe (n) [U6]: instructions on how to make a meal
- religion (n) [U2]: the subject for learning about what people believe in
- river(n)[U5]: water that flows naturally from the mountains to the sea

S

- salad (n) [U6]: cold, fresh vegetables (not cooked) together in a bowl. Would you like some tomato and onion salad?
- salt (n)[U6]: a natural, white ingredient that can come from the sea, it makes food taste better. Don't put too much salt on your food.
- sand (n) [U5]: very small pieces of rock that you find next to a river or the sea
- sandcastle (n)[U5]: a building made of sand
- saucepan(n)[U6]: a round container used to cook things
- scary(adj)[U3]: something that makes you feel frightened
- science (n)[U2]: the subject for learning about how to test and understand facts. It includes biology, chemistry and physics.
- score (v) [U3]: win points in a game or match
- sea(n)[U5]: the salt water that covers a large part of the Earth

- secret (adj)[U4]: something that only you or a few people know
- selfie(n)[U4]: a photo you take of yourself
- sensible (adj)[U3]: thinking carefully so that you do the right thing
- short (adj)[U3]: not long
- sister (n) [U1]: a girl or woman with the same parents as you
- smile (n) [U3]: when the corners of your mouth turn up to show that you are happy
- snack (n)[U6]: a small amount of food that you eat between meals
- snail (n) [U5]: a small, slow animal with a shell on its back
- snowmobile (n)[U2]: a vehicle that you can drive on snow
- social studies (n) [U2]: the subject for studying people and how they live
- son(n)[U1]: a boy child. He is my son. I am his father.
- souvenir(n)[U5]: something that you buy to remember a place or an event you went to. I bought some souvenirs at the market in Cairo.
- spice (n) [U6]: parts of a plant that you can put in food to give it a special taste
- stew (n) [U6]: a meal made with meat and vegetables in one pot
- stir(v)[U6]: move around ingredients, sugar, etc. with a spoon
- straight (adj) [U3]: without any turns. She has long, straight hair.
- swimming (n) [U1]: moving your body through water

t

- tablet (n) [U4]: a flat, mobile computer that is smaller than a laptop computer
- tap (v) [U4]: touch quickly with your finger

- teaspoon (n) [U6]: a small spoon of about 5 ml. Add a teaspoon of salt.
- tent(n)[U5]: something that you can sleep in when you go camping
- text message (n) [U4]: sentences you write on a mobile phone. My friend sent me a text message.
- together (adv) [U3]: with one or more people
- tower (n) [U5]: a tall, narrow part of a building. The castle has four towers in each corner.
- train(v)[U1]: practise a sport
- turn on (v) [U4]: start a machine. Turn on your computer.
- twice (adv) [U3]: two times
- twins (n) [U1]: two children born at the same time

u

Uganda(n)[U2]: a country in central Africa
uncle(n)[U1]: your mother or father's
brother

v

- vegetable (n) [U6]: a plant you can eat e.g. a carrot
- video call (n) [U4]: a way to talk to and see people online
- view (n) [U5]: the things you can see from a certain place. The hotel has a beautiful view of the sea.
- voluntary work (n) [U1]: work you do without getting money

W

- waterfall (n) [U5]: the part of a river where the water falls down from a high place
- website (n)[U4]: an internet page with information about something
- wheelchair (n) [U3]: a chair with wheels, for people who cannot walk
- whiteboard (n) [U4]: a classroom board that is sometimes connected to a computer

Egyptian International Publishing Company — Longman 10a Hussein Wassef Street Messaha Square Dokki Giza Arab Republic of Egypt

C Egyptian International Publishing Company - Longman 2019

All rights reserved, no part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior written permission of the Publishers.

First published 2019 This impression 2021 ISBN 978/977-16-1549-1 Deposit 16706/2019 Printed by

A cknowledgements - Student's Book

The rights of Chery! Delterst, Julie Penn and Joanna Ross to be identified as the authors of this Work have been asserted by them in accordance with the Copyright, Designs and Patents Act 1988

A cknowle dgements - Work book

The rights of Matthew Hancock to be identified as the author of this Work have been asserted by him in accordance with the Copyright, Designs and Patents Act 1988

All rights reserved, no part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior written permission of the copyright holders.

Photographs sourced by York Press

The Publishers are grateful to all those who have given permission to reproduce copyright material

Alamy Stock Photo/ Claudia Wiens for p12 top left / Ian Shaw for p12 bottom left / Michele Burgess for p14 Akeyo / Africa Photobank for p14 school / travelpuss for p18 1 / Angus McComiskey for p18 2 / dpa picture alliance for p24 Gharbia and p25 Doaa Elghobashy / John Fryer for p25 Ali Farag / mauritius images OmbH for p48 to / Alexander Mychko for p60 nyama na irio / Xinhua for p87 bottom / Foto Arena LTDA for p91 Sara-Ahmed, Getty images/ Steve Pyke for p91 Farcult El Baz, islockphoto/monkeybusinessimages for p3 mum and son / pepifoto for p6 bottom / damircuido for p32 B and p33 / sir_images for p32 D / Antonio Guillem for p36 7 / Pollyarma Ventura for p38 top left / suiseet for p38 top right and p81 centre / Juanmonino for p38 1 and 5 / fstop 123 for p40 Mazin / Django for p41 centre / slowcentury for p41 bottom / ufuka for p48 3a / Suzi foo for p58 hummus / ImpalaPhoto for p60 kapenta / dierick for p51a / kevinjeon for p61 b / ScofieldZa for p81 c/Nastco fer p\$1 d / VitalyEdush for p\$4 top / initsharp for p\$0 top / swinnerrr for p\$6 bottom / SolStock for p\$9 / Wavebreakmedia for p\$100 top / RayaHristova for p 100 centre / ahmetense for p 101 / Olena_Znak for p 103 / Studio_3821 for p 104 top / andress for p 104 bottom / majaiva for p 106 / Nirian for p 107 top / guenterguni for p108 1 / hadynyah for p108 2 / vkp-australia for p108 3 / Mustang 79 for p108 4 / David Aguilar Photography for p108 6 / RodicaCiorba for p109 centre / nicoleny for p108 1 / hadynyah for p108 2 / vkp-australia for p108 3 / Mustang 79 for p108 4 / David Aguilar Photography for p108 6 / RodicaCiorba for p109 centre / nicoleny for p110 / piginka for p111 centre / Estop 123 for p111 bottom / bouchan for p112 koshari / Azurita for p113 centre / SeventyFour for p133 bottom, Shutterstock/
Dragon Images for p2 centre right / eurobanks for p2 Salma, p38 4, p45 bottom, and p54 Mohamed / TAVEESUK for p2 bottom right / javi_indy for p2 baby / jackhollingsworth com for p3 Alt / cheapbooks for p4 top and p83 / Dario Sabijak for p4 drums / Ermolaev Alexander for p4 chess / Worakit Sinjinda for p4 and p6 goggles / ozamuysal for p4 and p6 headphones / amstockphoto for p4 and p6 sticks / heliopix for p4 and p6 chess piece / gmstockstudio for p4 and p6 TV / Cherdchai charami for p4 and p6 basketball / im-k for p4, p6 and p24 football / Zavya Maxim Alexandrovich for p5 / austock for p6 girl left / ZouZou for p6 girl right and p36 Adam / zefart for p7 plane / Africa Studio for p7 football, p9 boy right, p19 boy right, p31 Hamid, p54 10, p57 figs, p58 sweets, p59 cake, and p61 pizza / Gelpi for p7 girl, p38 3, and p72 Lam / Monkey Business Images for p7 grandmother, p26 basketball, p72 bottom, and p105 / Mastaco for p7 bottom / Kazakov Maksim for p8 flowers / canadastock for p8 and p9 background / VectorPot for p9 family tree / Zurijeta for p9 and p12 boy left, and p34 Ziad, and p48 Yunis / Serg64 for p10 fruit / Tyler Olson for p12 top right / M Chamunee for p12 centre left / Christine Glade for p12 boy right / photka for p14, p15, p18 and p19 background, and p46 and p47 holiday ttems / tratong for p16 book / Vitaly Zorkin for p16 pencil / Pressmaster for p17 top and p29 girl / gosphotodesign for p19 top / antoniodiaz for p20 Amira and p40 Wael / Anton Kudelin for p20 Hurghada / Darren Baker for p22 top left / Mega studio for p22 top centre / StockLite for p22 top right / CREATISTA for p22 centre left / Oleg Golovnev for p22 centre / Egyptian Studio for p22 centre right and bottom centre, and for p114 centre / FabrikaSimf for p22 bottom left / Alizeda for p24 Salah / supparson for p25 voll eyball / Lightfield Studios for p26 Yunis / eFesenleo for p26 Qaitbay citadel / Maya Cvetojevio for p27 Dina / chafursumil for p27 Noha / Kamira for p27 Eman / Rob Marmion for p27 Maya, p36 Granddad and p78 top / MIGUEL G. SAAVEDRA for p28 watch / azure1 for p28 key / Pakhnyushchy for p29 open book / Auron Amat for p29 basketball / Ocskay Mark for p29 notebook / Zyn Chakrapong for p29 TV / themot for p29 towel / Oleksiy Mark for p29 computer / studiovin for p29 books / IMAGE LAGOON for p30 Basel / AshTproductions for p31 Mr Sherif / pio for p31 chess / rSnapahotPhotos for p32 A / Gruseppe_R for p32 C / Donbree for p35 MP3 player / Umbertp Shlanaman for p35 phone / Marina Grigorivna for p36 3D printer / Olya Lytvyn for p36 selfie / selinofoto for p36 1 / Andrey Popov for p36 2 and 5 /ymgerman for p36 3 /bfk for p36 4/Toma Stepunius for p36 6 /wavebreakmedia for p36 8/A-spring for p36 scons / MidoSensem for p37 girl / pathdoc for p38 2 / Nata-Liz for p38 laptop / zerititiz for p40 top / asleenaf for p40 inset / t_kcrop for p40 bottom / arapix for p41 top / Olimpik for p42 / Sascha Burkard for p43 1 / Yellow Cat for p43 2 / Viue for p43 3 / Christian b for p44 top left / Anton Petrus for p44 top right / Lillac for p44 centre / soit_light for p44 bottom left / Smit for p44 bottom right / Kanes for p45 background / Haitham Abdel Fattah for p45 cave / MZStock for p46 ta / Sun_Shine for p46 2a / LeStudio for p46 2b / NadyaEugene for p46 3a / Iryna Yanchulcovich for p46 3b / Patryk Kosmider for p46 background and p47 / Photobank gallery for p48 1a / Anthon Jackson for p48 1b / aldorado for p48 2a / Richie Chan for p48 2b / pogoraci for p48 2c / Fitria Ramli for p48 3b / Eugene Shapovalov for p48 3c / hxdyl for p49 top/ REIgohary for p49 centre / f1 lphoto for p50 left / DenisNata for p50 Laura / Darrin Henry for p50 Mona / Kiselev Andrey Valerevich for p50 Jurgen / Evgeniya Pushat for p50 icons / Paul Daniels for p50 right / M. Unal Ozmen for p51 top / Valentina Proskurina for p52 bread / etorres for p52 smalls / lesingchopan for p52 macarons / Laura Santilli for p52 Eiffel Tower / Vixit for p53 / Foodio for p54 1 / diplomedia for p54 2 / Dahlia Mustafa for p54 3 / FeelGoodLuck for p54 4 / USDeh for p54 5 / Fanfo far p54 6, p56 and p114 top / la a 22 for p54 7 / PhotoGOH for p54 8 / Olga Dubravina for p54 9 / Krysztof Slusarczyk for p54 11 / NAOWARAT for p54 12 / ESB Professional for p54 Rabab / Valery121283 for p55 background and p59 background / NIPAPORN PANYA CHARGEN for p57 and p63 raisins / mg for p57 mill: / Milotsveta for p57 rice / leshiy985 for p57 people and p75 / graletta for p57 mits / TOM RUETHAI for p57 tomatoes / Meelena for p58, p61 and p63 salad / Tobik for pS8 pizza / Tim UR for p58 grapes / Jiri Hera for p58 crisps / Maks Narodenko for p58 bananas / Valentina G for p58 chocolate / AS Food studio for p60 koshari / Östranitsa Stanirlav för p60 tagine / SVRSLYIMAGE för p61 centre / Jacek Chabraiz ewski för p62 top / recebin för p62 centre / Fotofairy för p62 böttom / Moving Moment for p63 1/ Studio Mars for p63 2/ MarsZe for p63 3/ New Africa for p63 4/ orion for p63 5/ Norberto Mario Lauria for p63 6/ Slavikbig for p63 8 / Seregim for p63 9 / Diriu Saeed for p64 feseelth / PandG for p64 painting / Svitlana-ua for p64 eggs / Mostassem for p64 park / Chalermon Poungpeth for p65 honey / Edward Indy for p65 cate / paulista for p71 top / Elena Larina for p71 centre / Lopelo for p73 top / Spiroview Inc for p 73 hospital / pi sa photography for p74 top / NAPA for p74-bottom / Mountains Hunter for p75 top / Maks Ershov for p75 centre / Mark Herreid for p76 / Susanne Tucker for p77 centre / Elena Itsenko for p76 bottom / FatCamera for p79 bottom / Sarah2 for p80 bell / travin_photo for p81 top / kikujungboy for p82 bottom / Ebitkar for p85 centre / Cockie Studio for p86 bottom left / Halfpoint for p86 bottom right / Rosa Jay for p87 top / Marco Is cobucci EPP for p87 centre / Diego Cervo for p88 top / Maja Cvetcjevic for p88 centre / highwiews for p91 fish / Shahjehan for p91 Usain Bolt / Featurefisch Photo Agency for p91 Fami Malek / Suradech Prapairat for p94 bottom / Giampotone for p86 top / BestPhotoPhus for p97 / Filipp Drofienko for p107 centre / sower soline for p1085 / Elena Elisseeva for p109 top / StudioPhotoDFlorez for p111 top / Anatoliy Sadovskiy for p115 bottom / Evgeny Karandaev for p116 / orinocoArt for p118 / Es sarawath for p119

p 10 top right and p 77 top right reproduced with kind permission of Habiba Marzouk

Illustrators: Jim Eldridge, Matt Ward (Beehive Illustration), Dan Crisp (The Bright Agency), Liss Hunt (The Bright Agency)

Every effort has been made to trace the copyright holders and we apologise in advance for any unintentional omissions. We would be pleased to insert the appropriate acknowledgement in any subsequent edition of this publication.